

# The Kentucky Psychologist

FALL 2021

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KENTUCKY  
PSYCHOLOGICAL  
ASSOCIATION

PROMOTING PSYCHOLOGY AS A  
SCIENCE AND A PROFESSION  
TOWARD IMPROVING PEOPLE'S  
LIVES

## A Note From the Executive Director

*Eric Russ, Ph.D. KPA & KPF Executive Director*



*“Although the world is full of suffering,  
it is also full of the overcoming of it.”*

*-Helen Keller*

I had a very different version of this article written than the one you are reading. We had hoped to be at a place in this pandemic where we were truly emerging from the crisis. Instead, we find ourselves amidst yet another wave of sickness and fear and anxiety. This newsletter has been in process for a while now and you may read hints of the optimism we were feeling only a month or so ago elsewhere in this issue.

As the various layers of this pandemic continue to reveal themselves, I have consistently felt a deep appreciation for our KPA community. We know that psychology has a major role to play in addressing our social challenges. KPA is working to increase our public presence in this conversation. We have had a successful first public webinar organized by KPA President Dr. Rachel Beuhner. We have several more of these planned and look forward to sharing psychological science in Kentucky.

This work happens most effectively with all of us working together as a community and KPA is committed to supporting our members in these efforts. At our annual KPA/KPF Board retreat this month we spent a significant amount of time discussing how psychologists can better engage with community engagement. Please read Dr. Beuhner's article this month to learn about what to expect in the coming months. If you are already doing great work in our community (or know another member who is), please drop us a note at [kpa@kpa.org](mailto:kpa@kpa.org). Our new Administrative Assistant, Laura Wittenberg is now working from that email. Please give her a warm KPA welcome. If you need support in finding opportunities to engage your local community, please let us know how we can help!

We also see the increased recognition in workplaces of the value of psychology and emotional wellbeing. The value of psychology in the workplace will continue to grow as creating psychologically healthy workplaces in hybrid office models will be a focus of those organizations looking to keep employees engaged. KPA has added a new Applied membership category to include our colleagues in Applied and I/O psychology and ensure we're part of this rapidly growing segment of our field. We're working on planning events especially for our Applied colleagues so please spread the word to sign up now!

We recognize that while KPA members work to help individuals and organizations cope, we need to take care of ourselves and each other. While we wish we could be together in person, I hope you'll join us for the upcoming virtual Diversity Conference (register here) and virtual convention November 11-13. We are working to make sure there will be ample opportunity to connect with colleagues and network at these events, in addition to the fantastic workshops our Convention Committee has put together.

All of this change hasn't slowed down the work we're doing in the office. We are rapidly expanding our available home study library and look forward to that being a resource for KPA members to access CEs and other information at your convenience. Please take a look here: <https://kpa.mclms.net>

As always, we appreciate your membership in KPA and if you have thoughts or suggestions about what we can be doing better please let us know at [kpa@kpa.org](mailto:kpa@kpa.org)!

# 2021 KPA & KPF Annual Convention Update

**NOVEMBER 11-13, 2021 LIVE each day  
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*A.J. Steele, PsyD, LCADC, TPS - 2021 Annual Convention Committee Chair*



**WELCOME BACK!** Once again, we will be offering an amazing opportunity to learn, socialize, and network with fellow psychology providers. We will again be fully VIRTUAL on the WHOVA platform. We look forward to offering you outstanding workshops from our local and national experts.

Our theme this year is, “Emerging from Crisis: Reflecting on the Past, Renewing Community, and Reinventing the Future”. After last year’s many crises, it is important that we have excellent information to lead ourselves, our practices, and our community into the future. Some of the workshops addressing our theme include:

**The Time is Now: Incorporating Dialogues about Racism into our Clinical Practice** by Dr. Karima Clayton

**From Mechanism to Action: Embracing the Scientist-Practitioner Model to Integrate Psychotherapy** by Dr. Christal Badour

**What Can Sport Psychology Teach Us About Emerging from The COVID-19 Crisis?** By Dr. Ben Birkby

**COVID Encephalopathy: Long-Term Neurocognitive Concerns** by Dr. Timothy Ainger

**Evaluating Public Participation to Address Historic Racial Disenfranchisement and Empower Communities** by Dr. Daniel DeCaro

As always, workshops required for licensure will also be provided and include the following:

**Advanced Clinical Supervision: A Lens on Multicultural and Ethical Practice** by Dr. Carol Falendar

**Blind Spots that Ethically Trip Us Up** by Dr. Mark Leach

AND MUCH MORE ... Please review the online convention brochure carefully for all the details.

Of course, we must practice our own self-care strategies so plan to join us at our social events. We have plenty of networking opportunities and a new raffle to participate in!

Excited? Intrigued? Ready to reconnect with friends and make new ones? So are we! Be sure to join us!



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# Cascading Effects: Developing KPA's Outreach and Service Initiative

Rachel E. Buehner, Ph.D., M.Ed., HSP  
President, Kentucky Psychological Association



As communities grapple with post-pandemic transition and adjustment, racial trauma, political divisiveness, and collective bereavement, the need for psychologists to provide treatment, support, advocacy, and guidance is stronger than ever. As discussed in the Spring 2021 installment of *The Kentucky Psychologist*, KPA will be increasing its efforts to bring the expertise and knowledge of our members to a public thirsty for healing and care. Many of you reached out to offer your support to this endeavor, either through offering talks to public groups to address mental health issues, or through other activities which may impact community mental health and wellbeing. It is so gratifying to see members show up when they hear the call!

In coming months, the KPA Board of Directors will be developing a plan to organize our members' volunteer, service, and advocacy efforts. This may include development of a speaker's bureau to assist when experts on specific topics are needed, training on working with the media, networking opportunities to increase awareness of who is doing great work across the Commonwealth, and other targeted measures to increase engagement and impact public mental health.

If you are interested in learning how to become more involved in KPA's outreach efforts and trainings, be on the lookout for notifications from KPA and KPF regarding opportunities to create service/volunteer activities which might put our expertise to use, and trainings to enhance our skills sets on these types of media and public engagement. We are so appreciative of your willingness to be part of this endeavor.

While many of us are overbooked and unable to meet the needs of every client who seeks out our support, it is my sincere hope that we can organize and facilitate efforts to educate the public about mental health and wellbeing, communication, and how to seek healing. Promoting understanding of mental health among varying professions, children and adults, and other targeted groups, can provide support even when caseloads are full.

A kind and wise public television figure once encouraged children to, in times of despair, look for the helpers. I look forward to working with our members on enhancing KPA's ability to be where we are needed and be the helpers who can answer the call.



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# Director of Professional Affairs Update

Katie McBride, Ph.D. - Director of Professional Affairs



1. As you may know, the Director of Professional Affairs (DPA) is a paid, very part-time position for KPA, and serves as a member support for practice related issues. This liaison role also includes working with DPAs from other State and Provincial Psychology Associations
2. KBEP (our state licensing board) which has been highly collaborative and responsive to recent requests for information and changes within their ability to make KPA's Legislative Advisory Committee that includes our lobbyist, the tireless and resourceful Dr. Sheila Schuster
3. APA practice resources (Shout out to the wonderful legal consultants with the Office of Legal and State Advocacy Staff and to Dr. Jared Skillings' team APA Practice Directorate for their very timely and effective outreach and advocacy efforts).

I want to describe and differentiate two new HHS (Department of Health and Human Services) rules that apply to psychology practices: ONC's Cures Act Final Rule on "Information Blocking", and the proposed changes to HIPAA Privacy Rule. APA, with feedback solicited from the DPAs, submitted official Comments for both of these Rules over the last 2 years to advocate for the anticipated needs and concerns unique to psychologists. These reforms to patient access and control over their health care information are sweeping, and apply across the giant landscape of Healthcare Organizations and Professionals. As psychologists, we often find ourselves in a unique position with regard to the way our particular sorts of records directly impact our client care, requiring more delicacy, sensitivity, and presence than in other fields of care.

## The Final Rule on Information Blocking...

applies to practices that utilize EHRs or "Electronic Health Record" Systems and was officially implemented on April 5, 2021.\* CMS (The Center for Medicare and Medicaid Services) defines an EHR "as an electronic version of a patient's medical history, that is maintained by the provider over time, and may include all of the key administrative clinical data relevant to that persons care under a particular provider, including demographics, progress notes, problems, medications, vital signs, past medical history, immunizations, laboratory data and radiology reports."

Coordinated through the ONC (Office of the National Coordinator for Health Information Technology), the intention of this Rule is to support sharing and flow of Electronic Health Information (EHI) with patients (or "clients" for psychologists in Kentucky). "It prohibits practices by health care professionals that prevent free flow of EHI among health care entities and patients."

Examples of information blocking by an EHR considered unacceptable by The Final Rule include:

- Systems that allow an automatic hold on all psychology records or progress notes with no further justification (e.g., psychologists shall not be allowed to block access by identifying any and all records as "sensitive" with no justification beyond the fact that they are mental health records)
- Systems that allow delay in access to psychological records in order to determine impact on multiple clients or collateral individuals involved (e.g., with minors)
- Systems that allow less access than permitted by HIPAA or state law

## EXCEPTIONS:

There are 8 exceptions to following this requirement of immediate access to records. Most relevant to psychologists are:

1. Concerns about harm to clients and HIPAA privacy protections
2. The infeasibility of the existing EHR system to grant immediate patient access
3. If only paper records, or electronic records that are NOT part of an EHR.
4. Psychological and neuropsychological testing data and reports are the only exception to psychology records not being included in the definition of EHI.

## From APA:

*"For example, psychological and neuropsychological test reports are essentially an expert psychologist's analysis of psychological and neuropsychological test results. While the USCDI data elements include categories for experts' interpretation of common medical test results, like imaging, blood, and other lab tests and pathology tests, there is no parallel category for the interpretation of psychological or neuropsychological tests. The argument that test reports are not EHI has allowed psychologists at one hospital to continue a practice of withholding them from the hospital's EHR until a psychologist is able to discuss the report with the patient—and not have that withholding be considered information blocking."*

If you interface with health plans, including Medicare and/or Medicaid, it is recommended that you familiarize yourself with the "Unfeasible under the circumstances" Exception in order to cite readily. While there are no penalties for non-compliance, CMS may decide to publish names of providers if they cannot attest to compliance.

## \*To Note:

- There are currently no penalties for non-compliance.
- If your practice is using an EHR, you would have already been contacted by your EHR company in February or March of this year.
- There are 8 specific exceptions to being required to implement this Rule. For more information, you may visit ONC's website: <https://www.healthit.gov/sites/default/files/cures/2020-03/InformationBlockingExceptions.pdf>
- Most EHR systems commonly used by psychologists in small practices do not have the capability to provide immediate access to client records, and the Final Rule does not require small practices to change their systems.
- EHR Using electronic communication (like email or text messaging) or storage (like word processing) does not constitute an EHR.

## Proposed Changes to The HIPAA Privacy Rule...

are expected to be implemented for late 2021 or 2022. HHS proposed changes in order to improve patient access to their own records, as well as for immediate information sharing among health care providers coordinating care. On May 6, 2021, APA submitted Comments to HHS (again incorporating DPA feedback, suggestions, and concerns) advocating for accommodations specific to the unique needs of most psychology practices. (Here's a link: <https://www.apaservices.org/practice/business/hipaa/coordinated-care-individual-engagement.pdf> for your reference.)

APA's major focus was on the requirement for patients (or clients) to be given "immediate access" on demand (as in while in the office for their appointment) to inspect their records. Cited burdens unique to psychology practices included:

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1. the vast majority of practices being very small, with few if any support staff
2. the sensitive interplay of clinical issues and the nature of our records require a staff be present with the client while accessing and reading their records. Additionally, routine best practice often includes the psychologist reviewing the record prior to sharing with the client, in order to anticipate and address potentially upsetting notes, observations, etc.
3. special handling of copywriter material requiring redact or separate certain records like test data

It was strongly urged that practices with 50 or fewer employees be exempted from the proposed immediate patient access rule, and the HHS proposed change from 30 to 15 days to respond to requests for patient records.

Another extensive APA commentary was to advocate against the proposed HIPAA change to expand without justification access to patient/client records by insurance plans. Under the previous administration, HHS proposed an additional exception to the “Minimum Necessary Standard for Care Coordination and Case Management by Plans”. APA described this proposed change as “a major and unjustified privacy giveaway to health insurance plans.”

We will keep you posted as we learn to what extent HHS incorporates our requests into these proposed changes, and clearer timeframe for implementation on new HIPAA Privacy Rule. We will continue using our KPA Town Hall format to best support our members through whatever changes come down the pike.

Remember that the DPA position is a KPA member benefit—your dues at work! I am available for your practice related questions and concerns at [dpakatie@kpa.org](mailto:dpakatie@kpa.org). If I don't know the answer, I will do my best to connect us both to someone who does!

*“And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our fear, our presence automatically liberates others.” ~Marianne Williamson*



# THANK YOU

to all of our provider partners at the Kentucky Psychological Association. We appreciate all you have done for our members during the pandemic and in their other times of need.

We are proud to have some of our Passport team presenting workshops at this year's convention. Please look for us on the Whova app so we can answer your questions and provide any information you might need on becoming a Passport by Molina provider, or visit us anytime at [www.PassportHealthPlan.com](http://www.PassportHealthPlan.com).



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# Back to School (?) – Considering the Pandemic Context with an Ethical Lens

Tim Thornberry, Jr., Ph.D. – Ethics Committee Member



Even as Governor Beshear announced on Friday, June 11th that “we are no longer in crisis” due to COVID-19, there is still uncertainty about what the future holds. Although I, my students, and our clients likely welcome the optimism and hope brought about by the lifting of the last COVID-19-related restrictions, Governor Beshear qualified his statement, saying “COVID-19 remains a threat.” As we know, those with anxious dispositions will likely attend to the latter statement rather than the former. As a new parent of a toddler attending daycare (the petri dish of parenting), I am left wondering if we are truly out of the woods as I watch the developments related to a new COVID-19 variant wreaking havoc in India and the UK.

As Drs. Look and McClellan eloquently put it in the September, 2020 newsletter, ongoing events related to the pandemic, systemic racism, and many other sociocultural factors “have created an entirely new class of ‘first responders,’” including caregivers and educators. How are we to help youths, parents, and teachers navigate the uncertainty and the coming transition back to in-person instruction in this age of misinformation, unpredictability, and vastly discrepant, politically-charged opinions of the nature and threat of COVID-19 and our long-standing societal ills?

Looking to our state and national leaders at KPA and APA and the APA Ethics Code for guidance, perhaps we can anticipate some of the ethical challenges caregivers, educators, and youths will face in the coming months.

Expect child maltreatment reports to rise. The shift to remote learning at the height of the pandemic likely left vulnerable children even more vulnerable. As the Courier Journal reported in July of 2020, “isolation helps keep secrets,” and child maltreatment reports dropped significantly during COVID-19. With the return to in-person classes this Fall, I fear our new class of first-responder school personnel will be inundated with concerns for youths’ safety and psychological well-being. In anticipation, psychologists should be prepared to report child maltreatment and support educators with reporting. The last thing we want is for psychologists or educators to create more harm due to lack of preparation.

Be ready to identify the internalizers. School personnel and caregivers have struggled historically to identify youths experiencing depression and anxiety “even under the best of circumstances” (APA, September 22, 2020). School-based mental health screening will be vital to identify those students with new onset symptoms as well as those with exacerbation of preexisting mental health concerns. Given that cyberbullying likely increased during the pandemic due to increased screen time and decreased parental monitoring, those youths who experienced prior bullying likely saw no reprieve over the past year. Even though many youths are likely welcoming the “return to normalcy,” (which may not be reassuring to some) any transition can be difficult. Although I hope that the mental health of many students, educators, and caregivers will improve in the coming months, we must stay vigilant in identifying those who may be suffering silently. Given the trauma, anger, grief, and loss many if not all of us have experienced over the past year given COVID-19, the trial of Derek Chauvin, and developments in the Breonna Taylor tragedy, it would behoove psychologists to ensure their competence to identify and treat these problems. In addition, suicidality should be on our radars, and we have to be ready to assess and respond to risk in accordance

with our ethical and legal mandates. We should also be prepared to educate school personnel and caregivers on how to ask the difficult questions and respond appropriately to suicidality and other mental health crises.

Stay informed. At the beginning of the pandemic, it seemed the news and information about COVID-19 changed daily. As we saw, changes in mask guidance were met with confusion and skepticism in our communities and a questioning of the quality of the research informing these decisions. We also saw large misinformation campaigns and conspiracy theories thrive during the rollout of the COVID-19 vaccines. In order to do no harm or unintentionally misinform our clients, we must stay up-to-date on COVID-19 developments as well as stay informed of new and ongoing struggles against privilege, systemic prejudice, and oppression. Likewise, we have to be prepared to share accurate information to our communities and facilitate emotional discussions within families related to these topics.

Although it is reassuring to hear that we are no longer in a crisis, we as psychologists are acutely aware that there is still much more work to be done following any crisis. We must be prepared to support and inform the new class of first responders even as we look forward to a return to normalcy. COVID-19 remains a threat to Kentucky’s youths, and it is but one of many threats youths face today.



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# Kentucky Psychological Foundation Update

Courtney Keim, Ph.D. - KPF Vice President & Secretary



Despite the challenges from the COVID-19 pandemic, the Kentucky Psychological Foundation has been active and working hard over the past year to achieve our goal to promote healthy and meaningful lives across Kentucky. Each of our initiatives to achieve this overarching goal are listed below with a summary of our recent efforts.

## Promoting Equity and Inclusiveness

Every year the Kentucky Psychological Foundation honors two recipients with a

Multicultural Professional Development Award. Congratulations to the 2020 recipients: Stephanie Chin, from the University of Louisville, and Lashawn Ford, from Spalding University. Stephanie was recognized for research on cultural, family, and societal factors and their impact on emotional functioning, resilience, and well-being among Asian Americans. Lashawn was recognized for research on how racial trauma impacts youth, and trainings on racial trauma.

In addition, in collaboration with the KPA board, in the last year we released statements on both police violence and racial trauma for Black folks and violence on Asian Americans and Pacific Islanders. We will continue to support groups across KY who have been historically marginalized, and encourage KPA members to continue to educate ourselves on racial trauma and strategies for helping to heal those impacted.

To that end, we also applied for an IMPACT 100 Louisville grant in spring of 2021. Impact100 Louisville is a community of women transforming lives through collective giving but awarding grant to local nonprofit

organizations that focus on areas such as education and health and wellness. Our grant application called for KPF to develop toolkits for organizations to create psychologically safe workplaces with anti-racist and trauma-informed leadership/management practices, to create trainings and assessments for inclusive and psychologically healthy workplaces, and to train local psychologists on racial trauma. While we were not successful in receiving the grant, this work has given direction to the Foundation and will serve as a guideline for future endeavors.

We are also excited that our Diversity Conference is planned for September, 2021, which will be the first in-person event in over a year and a half! The conference is titled *Inclusive Practices in Psychology: Shifting the Conversation to Critical Action and Well-being For All*. We will spend the day advancing our understanding of working in a culturally responsive way with diverse populations in the consulting room and classroom. Learn from experts across Kentucky as we learn to critically examine our practices and how psychologists can best engage in diversity, inclusion, and equity efforts. Please join us at the conference!

## Honoring Leadership in Psychology

In collaboration with the KPA board, we have created a new mentorship program that matches undergraduate students with psychology graduate students from across the state to provide support for undergraduate students who are considering or actively applying to graduate programs in psychology. Pursuing a graduate degree can be daunting and we are hopeful that this mentorship program will provide support and networking

*-continued on page 9*

## Free Ethics Consultations

Have an ethical concern or question? Request a consultation from the KPA Ethics Committee by completing the Ethics Consult form available by clicking on the Consultations Quick Link on the website.

How it works...Your request will be forwarded to current KPA Ethics Committee Chair, who will consult with the entire ethics committee and review ethical guidelines prior to issuing a response. Response time averages around 10 days depending on the depth of the consultation request.

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opportunities to undergraduate students through the application process and beyond. There is no cost for this program. One goal of the mentorship program is to increase the diversity of psychologists in KY by offering individualized support. We have learned so much from our first cohort, and look forward to recruiting our next cohort soon.

In addition, we have also collaborated with KPA to choose our 2nd cohort of the Leadership Academy. Our 2021 leadership fellows are working to increase access to care, engage KPA membership and more! We look forward to continuing this program as a key step in increasing the number of psychologists in leadership throughout Kentucky.

### Promoting Psychological Research

KPF also hosted our first ever online Spring Academic Conference in April, 2021 titled *Community Healing to Move Psychology Forward*. Undergraduate students presented original research projects and proposals, faculty attended a workshop on best practices in online teaching, students attended a workshop on graduate school, and **Dr. Steven Kniffley** presented a stellar, compelling research talk on racial trauma and healing. The Outstanding Undergraduate Mentor Award was given to Dr. Hung-Tao Michael Chen from EKU, and the Outstanding Graduate Mentor Award went to Dr. Amanda Mitchel from University of Louisville. We also hosted our first ever *Psychology Family Feud!* It was an engaging conference that celebrated the great work of researchers across the Commonwealth. We look forward to returning to an in-person conference in 2022.

### Sharing Psychological Resources

**Dr. Tammy Hatfield** (KPF President) and **Dr. Rachel Buehner** (KPA President), and gave an invited presentation on suicide prevention and wellness to the Kentucky Justice Association for Kentucky attorney groups.

Have you checked our website lately? [kentuckypsychologicalfoundation.org](http://kentuckypsychologicalfoundation.org) is consistently being updated to offer the public psychological resources, including access to anti-racism and healing trauma resources as well as COVID resources. We also have active social media accounts on Instagram, Facebook, and Twitter. Follow along and share!

### Encouraging Psychologically Healthy Workplaces

Dr. Merv Gilbert gave an interview to KPF to discuss the effect of the COVID pandemic on organizations, which was published in the 2Q E-newsletter. Dr. Gilbert discussed how psychologists should be thinking about the broad effects of COVID, how organizations have been affected by the pandemic, and the opportunities that we as psychologists have to shape a future after the pandemic has subsided. Please read through his thoughtful responses.

Dr. Courtney Keim was twice an invited speaker to the United States Navy, Naval Sea Systems Command, where she gave talks on COVID and psychologically healthy workplaces. In addition, Dr. Keim is conducting a research study on Organizational Trust and Psychologically Healthy Workplaces during COVID-19. Three Kentucky organizations have participated in the research project and have received free feedback reports about how their employees are faring during the pandemic.

Lastly, Drs. Hatfield and Buehner received an invitation from the Association for Corporate Counsel to conduct a workshop about strategies for enhancing mental health and wellness for in-house counsel as they navigate returning to full-time in-person work.

If these initiatives seem important to you, we encourage you to support The Kentucky Psychological Foundation. If you are interested in serving as a Board member or volunteering in our efforts, please contact Dr. Tammy Hatfield, KPF President ([drtammyhatfield@gmail.com](mailto:drtammyhatfield@gmail.com)), or Dr. Eric Russ, KPA/KPF Executive Director ([eric.russ@kpa.org](mailto:eric.russ@kpa.org)). We are especially interested in increasing the diversity of our Board. If you would like to donate to the Foundation, visit our website [kentuckypsychologicalfoundation.org](http://kentuckypsychologicalfoundation.org) and click on DONATE.

## Licensed Clinical Social Worker Career Opportunities

Norton Medical Group and Norton Children's Medical Group, affiliated with the UofL School of Medicine, are hiring for adult and pediatric care positions.

Opportunities are available in the following specialties:

- Behavioral health
- Maternal-fetal medicine
- Neurology
- Oncology
- Pediatrics

Requirements:

- Master's degree in social work
- Licensed in Kentucky as a clinical social worker

To discuss this opportunity, contact Angela Elliott, senior recruiter, providers, Norton Medical Group, at [angela.elliott@nortonhealthcare.org](mailto:angela.elliott@nortonhealthcare.org) or (859) 613-1984.



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Kentucky Psychological Association & Foundation Presents:

## Upcoming Event in Friday, April 22, 2022



**Featured presentation with Theresa Moyers, Ph.D. on Motivational Interviewing**

Be on the lookout for emails in regards to registration opening!



# KPA-PAC Update

Joe Edwards, Psy.D.- Co-chair of the KPA-PAC

## Your personal invitation to make a difference in our future

The Political Action Committee (PAC) in 2021 is asking all KPA members to contribute to the KPA-PAC. The KPA-PAC began in late 2015/2016 with the generous support from, primarily, the leadership of the organization. Seventy-nine (79) people together have contributed over \$30,000. We have contributed over \$24,200 to pro-psychology candidates and legislators. Currently, we have under 3,000 dollars in the bank, as we must constantly rebuild our funds. Now, to be successful, we need you, that is right, each of you. Consider this your personal invitation.

Why is this ask too important to ignore? In life, we must work to get the things we want. The same applies in getting the attention of our legislators, those we are particularly interested in willing to support, sponsor, co-sponsor, and vote "yes" to key legislation that impacts the mental/behavioral health of Kentuckians. Over the past 6 years, your PAC has been able to support and develop alliances with Kentucky state representatives and senators who:

- saw the value in giving more support to community mental health centers when money was scarce, and budgets were being cut not increased;

- have supported new law that allowed psychologists to make it easier to join interjurisdictional compacts (Psych-PACTS) to do telehealth across certain state lines, which gives more access to care in rural areas;
- advocated and voted in favor of legislation for more evidence-based mental health programming and the inclusion of psychologists in making decisions that affect mental and behavioral healthcare in our Commonwealth.

Without these key allies, decisions get made that hurt Kentuckians and that do not value the profession of psychology. We really can NOT AFFORD to not invest in our future.

This year, the KPA central office is making it easier than ever to make a contribution to the PAC.

At the time of your membership renewal, you will be reminded that all members are asked to consider a \$50 contribution to support the PAC and \$50 to fund the charitable efforts of the KPA Foundation.

Also, you can contribute anytime on our website at [www.KPA-PAC.org](http://www.KPA-PAC.org) via a credit-card or by mailing a check to the address listed on the website.

If you haven't made your contribution in 2021, please do so today. TOGETHER, we can make a difference in the Commonwealth of Kentucky!



**Harriett Abraham Rose, Ph.D.**  
September 1920 - April 2021

## Dr. Rose was a part of the UK Counseling Psychology Department, a Fellow of APA, and a member of KBEP in its early years

Link: <https://milwardfuneral.com/obituaries/1124-harriett-abraham-rose>

Harriett Abraham Rose, 100 years old, passed away on April 9th, 2021 in Lexington, KY. She was born on September 13th, 1920 in Shelbyville, KY to Isadore and Hilda Abraham.

Harriett grew up in Lexington. She graduated from Henry Clay High School in 1937. After high school she attended the University of Kentucky where she received a Bachelor of Science in Music. Twenty years later, she returned to the University of Kentucky and obtained a Master's Degree in Counseling and Guidance. She completed her PhD in Psychology two years later in 1964.

From 1964 through 1985, she worked as the Director of the Counseling and Testing Center at the University of Kentucky followed by private practice. She was a member of numerous Psychological and Academic Associations. Over her 35+ year career, she was awarded countless accolades. Later in life, she wrote a monthly column for the Chevy Chaser magazine, for 16 years. She also wrote her autobiography, titled Not Necessarily Kosher, at age 95.

Harriett married Stanley Rose in 1943. They were happily married for 43 years. They had two sons, Rick and David. She later married Charles Elton. Harriett was a longtime member of Temple Adath Israel.

Harriett was preceded in death by Stanley, her spouse, Charles, her spouse; Rick, her son; and Alicia Rose Lom, her granddaughter.

Harriett is survived by her son David (Marsha); her grandchildren, Jessica Matthews and Nicole Walter (Steven); her great-grandchildren, Lindsey Walter, Sam Walter and Braden Walter; many nieces and nephews; and her special caregiver and friend Jennifer Smith.

A graveside service will be held Tuesday, April 13th at 2:00pm at the Lexington Cemetery, officiated by Rabbi David Wirtschafter. If attending, due to Covid-19, please remember to wear face masks and maintain social distancing.

In lieu of flowers, contributions may be made to the Rose Family Fund at Temple Adath Israel or the Carnegie Center for Literacy.



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# Emerging from Crisis:

*Reflecting on the Past,  
Rejuvenating Ourselves, and  
Reinventing the Future*



## Convention Sponsors



To sponsor the 2021 Convention please visit our website at [www.kpa.org](http://www.kpa.org)

# 2021 LIVE WORKSHOPS

## THURSDAY, NOVEMBER 11TH

9:00 AM

**LIVE TRACK 1 - T01. The Time is Now: Incorporating Dialogues about Racism into our Clinical Practice, 3.0 CE** - *Karima Clayton-Forbes, Ph.D. Presented by*

**LIVE TRACK 2 - T02. From Mechanism to Action: Embracing the Scientist-Practitioner Model to Integrate Psychotherapy Research, Training, and Practice, 1.5 CE** - *Presented by Christal Badour, Ph.D.*

10:45 AM

**LIVE TRACK 2 - T03. Engaging Parents in Pediatric OCD Treatments, 1.5 CE** - *Presented by Brenda Arellano, M.S., LPA*

12:30 PM

### KPA Community Gathering and Awards

Please get your lunch and sign on to come together to reflect on the last year and honor the outstanding work of our KPA colleagues who have been doing incredible work during the pandemic.

1:45 PM

**LIVE TRACK 1 - T04. Advanced Clinical Supervision: A Lens on Multicultural and Ethical Practice, 3.0 CE** - *Presented by Carol Falender, Ph.D.* ●

**LIVE TRACK 2 - T05. Mindful Movement in Psychotherapy: A Step Beyond Talk Therapy, 1.5 CE** - *Presented by Paul Salmon, Ph.D.*

3:30 PM

**LIVE TRACK 2 - T06. Burnout and Wellbeing: Updated perspectives on assessment, conceptualization, and intervention, 1.5 CE** - *Presented by Abbie Beacham, Ph.D.*

## FRIDAY, NOVEMBER 12TH

9:00 AM

**LIVE TRACK 1: F01. The History of Scientific Racism in Medicine and Prescriptions to Eradicate it, 3.0 CE** - *Presented by John Chenault, M.A.*

**LIVE TRACK 2: F02. Introducing the MMPI-3, 3.0 CE** - *Presented by Dustin Wygant, Ph.D.*

12:30 PM

**Keynote Luncheon: F03. Achieving Health Equity: Psychology's Role, 1.0 CE** - *Presented by Jennifer Kelly, Ph.D.*

## FRIDAY, NOVEMBER 12TH

1:45 PM

**LIVE TRACK 1: F04. Providing Culturally Sensitive Treatments to Address Mental Health Issues Among Children, 3.0 CE** - *Presented by Erlanger Turner, Ph.D.*

**LIVE TRACK 2: F05. Evaluating Public Participation to Address Historic Racial Disenfranchisement and Empower Communities, 1.5 CE** - *Presented by Daniel DeCaro, Ph.D. & Allison S. Smith, Ph.D.*

3:30 PM

**LIVE TRACK 2: F06. Social and Peer Influences on Substance Use: Views from Preclinical to Practice, 1.5 CE** - *Presented by Michael Bardo, Ph.D. & Heather Hodges, LCSW*

## SATURDAY, NOVEMBER 13TH

9:00 AM

**LIVE TRACK 1: S01. Psychological Practice with Appalachian Populations, 3.0 CE** - *Presented by David Hanna, Ph.D., Sherri Lynn Haas, M.A.*

**LIVE TRACK 2: S02. Psychologists as Advocates and Public Policy Change Agents, 3.0 CE** - *Presented by Sheila Schuster, Ph.D., Lisa Willner, Ph.D., and Georgeann Brown, Ph.D.*

12:30 PM

### KPA Annual Membership Meeting

Hear update about what KPA is doing, and help recognize our Leadership Academy Fellows and new Mentorship Program

1:45 PM

**LIVE TRACK 1: S03. Blind Spots that Ethically Trip Us Up, 3.0 CE** - *Presented by Mark M. Leach, Ph.D.* ▲

**LIVE TRACK 2: S04. Transitioning or Closing Psychology Practice: Special Considerations for Ourselves and our Colleagues 1.5 CE** - *Presented by Katie McBride, Ph.D., Stephanie Lenox, Psy.D. & Benjamin Mast, Ph.D.* ▲

3:30 PM

**LIVE TRACK 2: S05. PSYPACT and Kentucky: A Road Trip, 1.5 CE** - *Presented by Janet Pippin Orwig, MBA, CAE*

# ALL ACCESS PRE-RECORDED WORKSHOPS

**Basic Supervision, 3.0 CE - Presented by Joseph Edwards, Psy.D.** ■

**Community Psychology-Enhancing the Reach and Impact of Your Professional Practice, 1.5 CE - Presented by Edd Easton-Hogg, Psy.D.**

**Covid Encephalopathy: Long-Term Neurocognitive Concerns, 1.5 CE - Presented by Timothy Ainger, Ph.D.**

**Getting Comfortable with Social Class in Psychotherapy, 3.0 CE - Presented by Amanda Mitchell, Ph.D., Stephanie Chin, M.S.Ed., Hannah Heitz, B.A. & Jody Zhang, B.S.** ▲

**Elder and Vulnerable Adult Abuse and Intimate Partner and Domestic Abuse Among Older Adults, 2-Part workshop, 3.0 CE - Presented by David Hanna, Ph.D.** ◆

**More Top Three Legal Issues: Subpoenas; Confidentiality, and Board Complaints, 1.5 CE - Presented by Mark R Brengelman, J.D.** ▲

**Neuropsychiatric Fascinomas for Psychologists: Understanding Diagnostic Bias in Context of the Ethics Code, 1.5 CE - Presented by Dan Han, Psy.D.** ▲

**Suicide Assessment, Prevention, Intervention, and Postvention, 6 CE - Presented by Nadine Kaslow, Ph.D.** ★

**The Role of Nutrition in Eating Disorder and Disordered Eating Treatment, 1.5 CE - Presented by Mary Curnutte, M.S., RD, LD**

**What Can Sports Psychology Teach Us About Emerging From The COVID-19 Crisis?, 1.5 CE - Presented by Benjamin Birkby, Psy.D.**

**What Clinical Psychology Can Add to End-of-Life Care, 1.5 CE - Presented by Lisa Michelle King, Psy.D.**

## KBEP REQUIREMENTS

- ★ **Suicide Prevention Requirement:**
  - This workshop fulfills all or a portion of the KRS 210.366 requirement for suicide prevention training.
- ◆ **Domestic Violence Requirement:**
  - This workshop fulfills all of the KRS 194A.540 requirement for domestic violence and elder abuse training.
- **Advanced Supervision Requirement:**
  - This workshop fulfills the KRS 319 advanced supervision requirement for KBEP approved supervisors.
- **Basic Supervision Requirement:**
  - This workshop fulfills the KRS 319 basic supervision requirement for KBEP approved supervisors.
- ▲ **Ethics/Risk Management Requirement:**
  - This workshop fulfills all or a portion the KRS 319 ethics/risk management requirement for psychology professionals.

## IMPORTANT ATTENDEE INFORMATION

### Whoava Information

Whoava is an online event management platform that offers a comprehensive variety of everything needed to run a convention, such as online workshop space, sponsor pages, discussion groups, etc. All of this can be accessed from computer, phone, or other mobile devices. The app is easy to download from your app store and once downloaded you can set up your profile in preparation for Convention. When Convention begins you can then enter into our Convention space in Whoava and attend workshops, connect with people over discussion groups, check out our sponsors, and much more.

### Workshop PowerPoints & Handouts

All handouts provided in advance to KPA by presenters will be posted online and available for download.

### Special Assistance

If you need special assistance, please let the KPA office know as soon as possible so we may make appropriate arrangements.

### Cancellation Policy

90% refund if cancellation received on/before Oct 24, 2021. 50% refund if cancellations received between Oct. 25 – Oct. 31, 2021. 20% refund if Cancellations between Nov. 1 – Nov. 7, 2021. **No refunds after Nov. 7, 2021. ALL refund requests must be submitted in writing to KPA at [kpa@kpa.org](mailto:kpa@kpa.org) or mailed to 8004 Lyndon Centre Way, Ste 202 Louisville, KY 40222.**

### CE Credits/Attendance



### Psychologists:

KPA is approved by the American Psychological Association to sponsor continuing education for psychologists. KPA maintains responsibility for this program and its content. KPA is also an approved sponsor for the Kentucky Board of Examiners of Psychology.

### Social Workers & Art Therapists:

KPA is an approved sponsor for the Kentucky Board of Social Work, the Kentucky Board of Professional Art Therapists. (Provider #1004).

### Pastoral Counselors:

KPA is approved to offer Continuing Education to Pastoral Counselors as stated in 201 KAR 38:070, Section 3(1)(b) as an approved provider.

## Registration Information

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

\*Please print your name

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Licensure Board: \_\_\_\_\_

Are you a member of the CE Registry?  Yes  No

**Circle the Workshops & Events you plan to attend**

		LIVE TRACK 1	LIVE TRACK 2	
Thursday, November 11, 2021	9:00 am - 10:30 am	T01	T02	
	10:45 am - 12:15 pm		T03	
	KPA Community Gathering and Awards			
	12:30 pm - 1:30 pm			
			LIVE TRACK 1	LIVE TRACK 2
	1:45 pm - 3:15 pm	T04	T05	
3:30 pm - 5:00 pm	T06			

		LIVE TRACK 1	LIVE TRACK 2	
Friday, November 12, 2021	9:00 am - 10:30 am	F01	F02	
	10:45 am - 12:15 pm			
	F03. KEYNOTE LUNCHEON			
	12:30 pm - 1:30 pm			
			LIVE TRACK 1	LIVE TRACK 2
	1:45 pm - 3:15 pm	F04	F05	
3:30 pm - 5:00 pm	F06			

		LIVE TRACK 1	LIVE TRACK 2	
Saturday, November 13, 2021	9:00 am - 10:30 am	S01	S02	
	10:45 am - 12:15 pm			
	KPA Annual Membership Meeting			
	12:30 pm - 1:30 pm			
			LIVE TRACK 1	LIVE TRACK 2
	1:45 pm - 3:15 pm	S03	S04	
3:30 pm - 5:00 pm	S05			

## Convention Registration Fees

	All Access - Live Stream + Pre-recorded*	3 Days - Live Stream Only	2 Days - Live Stream Only	1 Day - Live Stream Only
KPA Member	\$400	\$300	\$250	\$125
Non-Member	\$600	\$500	\$450	\$225
Non-Credit KPA Member**	N/A	\$250	\$200	\$100
KPA Student Member**	\$200	\$150	\$100	\$80

### Select your KPA Status:

KPA Member  
 Sister State Psych Assn Member (state: \_\_\_\_\_)  
 KPA Student Member\*\*  
 Non-Member—Join now to SAVE!

### Indicate day(s) you will participate:

Thursday  Friday  Saturday

### Kentucky Psychological Foundation Donation

Make a tax-deductible donation to support education initiatives, scholarships, diversity initiatives and other projects of the Kentucky Psychological Foundation.

**Total Donation:**

\$ \_\_\_\_\_

### Kentucky Psychological Association PAC - Donation

The KPA PAC is a critical part of our advocacy mission. The PAC allows us to communicate that we are engaged in the decision-making process and to ensure that psychology's interests have a seat at the table. Donate today to ensure KPA has a strong voice in Frankfort!

**Total Donation:**

\$ \_\_\_\_\_

### Payment Method:

**Total Due:**

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Check enclosed, made payable to **KPF**

Check enclosed, with KPA-Donation payable to **KPA**

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Name: \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ CVV: \_\_\_\_\_

Signature: \_\_\_\_\_

**Send registration form, along with payment to KPF, 8004 Lyndon Centre Way, Ste. 202, Louisville, KY 40222**

\* Member Benefit +You must be a current member of KPA as of 11/7/21 in order to take advantage of the KPA Member discounted rate \*\* Non credit

# Advocacy Updates

## Virtual KPA Psychology Day 2021

*Georgeann Brown, Ph.D. - Federal Advocacy Coordinator*

We held our first virtual KPA Psychology Day on Tuesday, February 23rd, and it was our 8th annual KPA Psychology Day. This was our first time piloting the virtual format, due to COVID-19 and restrictions on access to visitors at the Capitol at this time. Prior to the event, we had two live training Zoom calls to train members on the talking points and the virtual format. We had over 25 KPA members participate in virtual Psychology Day activities. We hosted several group meetings, including a kick-off meeting with legislators that were sponsoring some of our priority legislative bills. Some of the legislators that spoke to the

whole group during our kick-off meeting included Senator Ralph Alvarado, Rep. Kim Moser, Rep. Kim Banta, and Rep. Lisa Willner. We also hosted a PSYPACT meeting where Rep. Walker Thomas, the bill sponsor of PSYPACT, spoke to our group about his work on this bill, next steps, and his knowledge on compacts. Additionally, we were pleased to have Father Pat Delahanty speak to our group on the exemption of the death penalty for the severely mentally ill population and discuss the history of his work on this issue.

KPA members had an opportunity to meet with their legislators in individual meetings to discuss

KPA's legislative priorities. We scheduled over 20 individual meetings with legislators. KPA members discussed the following legislative priorities during their meetings. For more information on each of these talking points, please refer to the legislative update article written by Dr. Sheila Schuster. Thanks to the advocacy of our KPA members and Psychology Day participants, many of our top legislative priorities were passed during this short 30-day legislative session.



## Federal Advocacy Update

*Georgeann Brown, Ph.D. - Federal Advocacy Coordinator*

KPA is committed to advocacy work on both the state and federal level. While much of our advocacy work focuses on state-level legislative, regulatory, and public education efforts, we also work with the American Psychological Association's grassroots advocacy efforts on federal issues that impact Kentucky psychologists. We recognize the role we have as psychologists to shape federal policies on issues in which we have expertise and make appropriations requests for psychology-related programs and agencies. For more information on APA's 2021 Advocacy Priorities, see the following link on APA's website: [https://www.apaservices.org/advocacy/advocacy-priorities.pdf?\\_ga=2.7571445.676523915.1623965632-1266487185.1623965632](https://www.apaservices.org/advocacy/advocacy-priorities.pdf?_ga=2.7571445.676523915.1623965632-1266487185.1623965632)

This year, APA is hosting four virtual advocacy summits, coupled with virtual congressional visits attended by KPA's Federal Advocacy Coordinator, Dr. Georgeann Brown, and other KPA board members and delegates, including delegates with expertise with the specific legislative issues being discussed. Here are the following APA Advocacy Summits for 2021:

**Advocacy Summit on Telehealth & Health Equity (March 14-15)**

**Summit: Stand With Science (May 16-17)**

**Summer Advocacy Summit: Education/K-12 Issues (July 25-26)**

**Fall Advocacy Summit: Reimbursement/Scope of Practice (Oct. 17-18)**

At the Advocacy Summit on Telehealth and Health Equity, KPA delegates had the opportunity to advocate for the following legislative issues: 1) Enacting tele-behavioral health policies that would allow for continued reimbursement for audio-only services under Medicare after the pandemic ends; 2) The Tele-Mental Health Improvement Act (S. 660), which would require that all payors, including ERISA self-insured plans, cover and reimburse services at parity with face-to-face services and prevent such plans from imposing more restrictive barriers for coverage on telehealth services; 3) Increase fiscal year appropriations for critical psychology workforce training programs, including the Graduate Psychology Education Program and Minority Fellowship Program, increasing our nation's supply of health service psychologists and reducing gaps in mental and behavioral health care. Updates as of June 2021: New Medicare audio-only legislation has been introduced, H.R. 3447; Medicare Physician Fee Schedule proposed rule expected in July; U.S. House of Representatives passed H.R. 1475, the Pursuing Equity in Mental Health Act, bi-partisan legislation aimed at addressing disparities in mental health care among underserved and high-poverty communities, which includes more funding for the Minority Fellowship Program.

At the Advocacy Summit on Stand With Science, Kentucky delegates advocated for the following issues: 1) The RISE Act, Research Investment to Spark the Economy Act of 2021 (H.R. 869/S.289), which would authorize \$25 billion

to federal agencies, including the National Science Foundation (NSF), the National Institutes of Health (NIH), the Department of Defense, and the Institute of Education Sciences, to offset costs resulting from reductions in research productivity in connection with the COVID-19 global pandemic; 2) Supporting Early-Career Researchers Act (H.R. 144/S.637) to establish early career fellowships at NSF. The bills would authorize \$250 million for the creation of a new two-year fellowship program at NSF for early career researchers, designed to help mitigate the adverse effects from COVID-19 on the U.S. research workforce. 3) An appropriations ask to increase funding for the Office of Behavioral and Social Science Research (OBSSR) which would allow OBSSR to co-fund research grants, including those proposed by underrepresented groups, that may not have otherwise been able to proceed. Updates as of 6/17/21: The Early Career Researchers Act passed the House, with 5 of 6 KY Representatives supporting it. For the Senate, the Early Career Researchers Act and RISE ACT were included in the U.S. Innovation and Competition Act, S. 1260, which passed in June 2021. The Early Career Researchers and RISE Acts are included in this bill, without specific authorization amounts, with Senator McConnell supporting it.

Please stay tuned for federal advocacy alerts and more information about federal advocacy priorities and future Advocacy Summits.



# KPA Celebrates Many Victories in the 2021 KY General Assembly!

Sheila A. Schuster, Ph.D., Legislative Agent



As we began the 2021 legislative session in early January, we were concerned about the chances for success for several reasons. This was a short (30-day) session and legislative leaders had warned that the agenda would be limited. The legislature had to pass a budget, which seldom happens in the short session; budget negotiations often “suck the oxygen” out of the room, leaving other issues untouched. The Republican-led legislature was in combat mode against Kentucky’s Democratic Governor over emergencies powers, brought to light because of the pandemic. The killing of Breanna Taylor in Louisville and similar incidents across the country had generated days and nights of protests and racial unrest, exacerbated by the health disparities laid bare by the COVID-19 virus. And finally, Kentuckians were essentially barred from physical access to the halls of power in Frankfort, leaving all of us to try to advocate remotely with decision-makers. Despite these huge obstacles, when the session ended on March 30th and the KPA leadership and Legislative Advisory Team (LAT) met to review the session, we found that we had a lot to celebrate! There were many, many victories for passage of our legislative priorities, thanks to the participation and advocacy of KPA members! The following is a brief highlight of bills that passed successfully:

## KPA PRIORITIES & SUCCESSSES: 2021 KENTUCKY GENERAL ASSEMBLY

**HB 38 PSYPACT Passed:** Kentucky will be joining 15 other states now part of the Compact to allow licensed psychologists to be able to provide services to clients in other states in the compact, now 15.

**HB 192 Budget Bill Passed:** Includes financial help to sustain CMHCs’ operations & other quasi-governmental agencies as their retirement costs increased; there were no cuts to education or to Medicaid, and no funds swept from licensure boards.

**HB 140 Telehealth Bill Passed:** Includes specific reference to behavioral health providers and services, and to KBEP; maintains parity of reimbursement and expanded platforms.

**SB 21 Increasing Access to MH for Youth Passed:** Allows homeless youths ages 16 & 17 to consent to mental health treatment without parental consent; addresses transportation problems between a hospital without psychiatric services to a hospital which offers psychiatric services.

**HB 44 PTSD Treatment for Firefighters Passed:** Establishes a fund for treating firefighters with PTSD after their insurance is exhausted; provides for them to receive Crisis Intervention Team (CIT) training.

**SB 51 Medication Assisted Treatment for Opioid Use Disorder Passed:** Prohibits prior authorizations by MCOs and insurers for MAT medications to help expand access to treatment for opioid use disorders.

**HB 50 MH/SUD Parity Bill Passed:** Requires all Kentucky insurers and MCOs to file an annual report with the KY Department of Insurance describing how they are complying with the 2008 Federal Parity Act. Twenty years after Kentucky first passed a MH/SUD Parity bill, we now have the “Parity Police”!

**HB 192 Budget Bill Passed with No Cuts to Medicaid:** There were no cuts to Medicaid in state general fund dollars, although the Governor’s proposed expansion of the Home & Community Based Waivers for Kentuckians with disabilities was not funded in the final budget bill.

**SB 55 Repealing Medicaid Copays Passed:** The current statutory language requiring Medicaid to have copays was amended to remove the mandate, thus allowing the KY Department for Medicaid Services to remove copays in both the MCO and the Fee-for-Service programs.

NOTE: Bills passed during the 2021 Regular Session became law on June 29, 2021 with the exception of HB 50, the Parity Bill, which will become law on January 1, 2022.

# The Interim Legislative Session Has Begun!

We hardly had time to savor our victories before the Interim General Assembly Session began. The Interim takes place between the Regular General Assembly Sessions and is typically conducted between June 1st and December 1st each year.

The House and Senate Committees which deal with the same topics meet together as an Interim Joint Committee. For instance, the House Health & Family Services Committee will be meeting with the Senate Health & Welfare Committee; during the Interim, this committee will be called "Interim Joint Committee on Health & Welfare & Family Services" (IJCHWFS). Most of the Interim Joint Committees meet once a month during the Interim Session; a few meet less frequently.

Even though joint committees will meet and take votes on approving minutes and making recommendations, the House and Senate are not in session during the Interim, so there are no bills that can have formal action until the 2022 Regular Session convenes on January 4, 2022.

The schedule of meetings during the Interim Session varies month to month. The Interim meeting schedule can be found at Interim Committee Calendar ([ky.gov](http://ky.gov))

The Joint Committees meeting during the Interim are likely to discuss bills and issues that were put forward in the 2021 Regular Session and which did not pass. They will also discuss "new" issues that have arisen and for which legislation is being contemplated in the 2022 session.

Special Task Forces appointed by legislative leaders will meet during the Interim Session. Most were recommended in bills that were passed or considered during the recent session. Each of these issues will have its own Task Force: services for severe mental illness; Medicaid waivers for disabilities; funding for Ktg-12 public schools; racial impacts and opportunities; county clerks; taxing pari-mutuel race tracks; and unemployment insurance. More information can be found at: Committee - Legislative Research Commission ([ky.gov](http://ky.gov))

## What Can You Do to Further KPA's Legislative & Policy Influence

If you are not a member of KPA, please strongly consider joining! We are more effective when we work together and the more of us who work together, the more we can accomplish!

Get to know your Senator and Representative now, before the legislative session begins in January of 2022. Go to [www.legislature.ky.gov](http://www.legislature.ky.gov) and click on "Who is My Legislator" in the far left column under "Legislators" and follow the directions. There are no elections this year, so all legislators listed will be back for the 2022 session.

You can send an email to your legislators to introduce yourself. Put "I am your constituent" in the Subject line and in the body of the email, include your

home address and contact information. Offer to meet with your Senator and with your Representative or to set up a time to talk by phone or via Zoom.

If you have already had contact with your legislator, thank them for their support during the past session and let them know that you will be contacting them as the next session gets closer.

Sign up for KPA advocacy alerts and please respond to "Calls to Action" when they are issued.

Remember that psychology is a well-respected field in Frankfort and as a practitioner, researcher or faculty member, your opinion carries weight. As a constituent, YOU are a powerful voice with your legislators!



### WAYS TO BE INVOLVED WITH KPA:

- **PUBLIC INTEREST RESPONSE**  
**SUBMIT AN ISSUE YOU'D LIKE TO WORK ON WITH KPA**
- **JOIN A COMMITTEE**  
**CLICK THE ABOUT MENU ON [WWW.KPA.ORG](http://WWW.KPA.ORG) TO LEARN MORE**
- **BECOME AN ADVOCATE FOR PSYCHOLOGY**  
**CLICK THE ADVOCACY MENU ON [WWW.KPA.ORG](http://WWW.KPA.ORG) TO LEARN MORE**

# KPA Member Highlights



**Courtney Keim, Ph.D.** Was interviewed by Kathie Stamps with the Lane Report. Dr. Keim talks about maintaining psychologically healthy workplaces during the pandemic.

Read more at [lanereport.com](http://lanereport.com).



**Rachel E. Buehner, Ph.D., M.Ed. H.S.P.**, wrote an Op-Ed, *Change is scary: Help children feel emotionally prepared as they return to the classroom.* and wrote an Op-Ed, *Going back to the office? How businesses can make returning to work better for employees.*



**Sarah Shelton, Psy.D., MPH, MSCP**, has been elected President of the International Association of Correctional and Forensic Psychologists (IACFP).

Read more at [kpa.org](http://kpa.org).



**William Stoops, Ph.D.**, was awarded a 2020 Presidential Citation for his brilliant research, multi-dimensional leadership at APA, and his positive, enthusiastic demeanor.

Read more at [apa.org](http://apa.org).



**Candice Hargons, Ph.D.** says racism can have a negative impact on a person mentally and physically.

Read more at [wkyt.com](http://wkyt.com).



**Brenda Nash, Ph.D.** was selected for the 2021 class of the American Psychological Association's Leadership Institute for Women in Psychology.

Read more at [spaulding.edu/blog](http://spaulding.edu/blog).



**Sheila A. Schuster, Ph.D.**, was named as one of The Kentucky Gazette's 2020 Notable Women in Kentucky Politics and Government.

Read more at [kpa.org](http://kpa.org).



**Lisa King, Psy.D.** wrote an article titled, *Integrating behavioral health into end-of-life care.*

Read more at [medicalnews.md](http://medicalnews.md).



**Candice Hargons, Ph.D.** has been elected to the Board of Directors for the American Psychological Association.

Read more at [uknow.uky.edu](http://uknow.uky.edu).



**Allison From-Tapp, Ph.D.** did a Q & A on Anxiety, Depression, easy ways to get help.

Read more at [spaulding.edu/blog](http://spaulding.edu/blog).



**Steven D. Kniffley, Jr., Psy.D., MPA, ABPP, HSP** was featured in an article "*Mental health experts warn Derek Chauvin trial may revive feelings of racial trauma*". He has been named a Health Care Hero by Louisville Business First in the category Equity Champion.

Read more at [spaulding.edu/blog](http://spaulding.edu/blog).



Congratulations to **Adrianna Fisher-Willis, Psy.D.** who recently became an APA Diversity Leadership Program Graduate!

## KPF Donors August 1, 2020 – June 30, 2021 *Thank you for your generosity!*

### Director's Circle (\$500-\$999)

Jason Keller Psy.D.

### Founder's Circle (\$100 - \$499)

Gregory Corso Ph.D.  
Richard Edelson, Ph.D.  
Joseph Edwards, Psy.D.  
David Feinberg, Ph.D.  
David Finke, Ph.D.  
Dan Florell, Ph.D.  
Amy Greenmyer, Ph.D.  
Kathryn Haendiges, Psy.D.  
Tammy Hatfield, Psy.D.  
Carol Held, Ph.D.  
Daniel Luchtefeld, Ph.D.  
Marianne McClure, Ph.D.  
Elizabeth McKune, Ed.D.  
Amanda Merchant, Ph.D.  
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Marilyn Robie, Ph.D.  
Kristie Schultz, Ph.D.  
Sheila Schuster, Ph.D.  
Robert Sivley, Psy.D.  
McRae Stephenson, JD  
William Stoops, Ph.D.  
David Susman, Ph.D.  
Kathy Susman, M.A.  
Martha Wetter, Ph.D.  
Byron White, Psy.D.  
Marlena Woodmansee, Psy.D.

### Honorable Mention (up to \$99)

Barry Adkins, M.A.  
Catherine Aponte, Psy.D.  
Diane Banic, Ph.D.  
Theresa Botts, Ph.D.  
Jim Brock  
Bryan Carter, Ph.D.  
Pam Cartor, Ph.D.  
Jean Deters, Psy.D.  
Allison From-Tapp, Psy.D.

Holly Gustafson, Ph.D.  
Kristen Haarman, Psy.D.  
Courtney Keim, Ph.D.  
Warren Lambert, Ph.D.  
Mackenzie Leachman, Ph.D.  
Maria Grazia Levin, Psy.D.  
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Patricia Weiter, Psy.D.  
Amanda Wyrick, Ph.D.

To donate to the Kentucky Psychological Foundation, please visit  
[www.kentuckypsychologicalfoundation.org](http://www.kentuckypsychologicalfoundation.org)

## Multicultural Professional Development Award

Sponsored by the KPF Diversity Committee

Every year the Kentucky Psychological Foundation honors two recipients with a **Multicultural Professional Development Award** at the KPA & KPF Annual Convention.

The award recipients must be KPA members in good standing.

There are two award levels:

#### The Multicultural Psychologist Professional Development Award for \$500 -

Qualified applicants are psychologists who represent a diverse group or population. Award money may be used for a specific multicultural initiatives, training, conference, event, or membership dues to a multicultural national professional organization.

#### The Multicultural Student Professional Development Award for \$350 -

Qualified applicants are psychology graduate students representing a diverse group or population. Award money may be used for specific multicultural initiatives, training, conference, event, or dues to a multicultural national professional organization.

Candidates must submit their letter of interest and CV no later than October 22nd.

Candidates must submit a letter that specifies what they would use the funding for and how much is needed, up to the limit of the award.

Within one year after receiving the award, each winner will be required to submit a brief letter explaining how the award money was used and how the funds contributed to the goals stated in their application.

To apply: Send your letter of interest & CV to [kpa@kpa.org](mailto:kpa@kpa.org) with "KPF Multicultural Award" in the subject line.  
Questions? Call 502.894.0777



**Building a  
Psychologically  
Healthy Kentucky.**

## KPF Board of Directors 2020

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Laura Wittenberg



## PSYD UPDATES

Our nationally known, APA accredited PsyD program will now be a five year program for students without a Master's degree, and for applicants with MA's, we'll transfer up to 30 hours of credit! All students will still receive the cutting edge, strong generalist training we are known for, but now with an expanded focus across the lifespan. We have also revised our emphasis area offerings to include:

- ▶ Forensic Psychology
- ▶ Health Psychology
- ▶ Neuropsychology (child/adolescent & adult)
- ▶ Advanced Clinical (5 electives to focus on populations or treatments or skills YOU want to learn about)



## CENTER FOR BEHAVIORAL HEALTH NEWS

The CBH continues to grow, both in services provided and training opportunities. The Collective Care Center, our racial trauma sub-clinic, provides free and low cost individual and group services. Rowen, our speciality sub-clinic for women dealing with pregnancy loss, infertility, or other perinatal/ postpartum concerns is now open. A Forensic Functional Family Therapy sub-clinic and Neuropsychology sub-clinic are in the works. Routine therapy and assessment services also available, in person or via telehealth.

For more information: <https://behavioralhealth.spalding.edu>

## JOIN OUR TEAM

We are actively recruiting for a Clinic Director for the CBH (to start ASAP) as well as for a tenure track Asst Professor (to start Jan. 2022) to oversee our Health Psychology Emphasis Area. Outstanding post-doctoral applicants with relevant experience will be considered and offered supervision to obtain their HSP. Licensure as a psychologist (or eligible) required. Located in the heart of Louisville, we seek to serve the underserved. Our mission is to train students to reach their fullest potential as scholars and change agents to promote thriving people, healthy communities, and socially just systems. We'd love to tell you more!

<http://spalding.edu/about-spalding/job-openings/>

## SOPP kudos!

100% internship match rate to all APA-accredited sites for 5th year in a row;  
Faculty who are the past KPA President and the KPA President-Elect;  
Faculty who are Governor-appointed to serve on the KY Board of Examiners;  
Federal HRSA integrated primary care multimillion \$ grant award winner - two cycles in a row; Ky Department of Corrections and KY Department of Behavioral Health training grants;

Kosair Charities scholarships recipient; APA Minority Fellowship awardee



# CALL FOR APPLICATIONS

## KPA & KPF LEADERSHIP ACADEMY

### DUE OCTOBER 11th!

### Applications are now open for the 2022 Cohort of our KPA & KPF Leadership Academy

Across the many settings in which we work, Psychologists face a challenging job landscape. Emerging into the workforce following our training, we are equipped with many of the skills needed to be effective healthcare and industry leaders. Among many other skills, We have the strong analytic ability, the skill to navigate emotionally challenging situations, the ability to integrate feedback and understand systems. However, many of us lack a formal leadership training and a framework or philosophy. This program is here to help!

Applications are open to KPA members of any career stage looking to advance their leadership skills. We offer a year-long leadership development program using the principles of the Leadership Challenge to enhance your knowledge and skills as a psychologist leader and advocate. You will work with a mentor to complete a leadership project and show KPA members at Convention! See reverse side for program components.

Please consider applying to be part of our 2022 cohort! See details below.

\*Note that all costs for the program will be covered by KPA  
(including Convention attendance).

### To Apply:

Please include the following in one document (.doc or .pdf) and send it to [kpa@kpa.org](mailto:kpa@kpa.org) with the subject line "**KPA Leadership Application**" by **October 11th**.

- 1) Please include a Letter of Interest that describes the following (Approximately 2 page total- 1pg for a/b and 1pg for c/d):**
  - a. Current and previous leadership experience.
  - b. How do you plan to use the skills you gain in this program to advance psychology (Please speak to leadership goals you may have in your work setting, community, KPA, and APA)?
  - c. Brief Proposal for a Leadership Project- This should be a project where you can take on a leadership role in psychology. You can be creative and think broadly! If you are interested in applying but unsure what this might look like, please reach out to ([eric.russ@kpa.org](mailto:eric.russ@kpa.org)). Questions and dialogue are welcome!
  - d. Describe the characteristics of an ideal mentor for you

### 2) CV

### 3) Diversity Matrix (visit [www.kpa.org](http://www.kpa.org))

# Kentucky Psychological Foundation Future Colleague Award

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These awards are given annually to undergraduate KPA members interested in applying to graduate school in psychology. The award will go toward graduate school application-related expenses. Criteria for the award include involvement in KPA/KPF (e.g., participation in the mentorship program, attendance at events, etc..) and interest in applying to psychology graduate programs. Priority for awards will be given to applicants who represent identities that have historically been excluded from psychology training programs. The amount and number of awards will be based on available funds and announced in advance on an annual basis.

Scan for  
more  
information





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# Are You a KPA Member?

## Here is why you should be!

As a member of KPA you make an investment in the future of your profession - here are a few of the member benefits:

**KY Board of Examiners of Psychology Liaison...**KPA advocates for licensing issues and obtains the latest news affecting psychologists.

**Save Money...** Early Bird registration and member discounts at all KPA sponsored Continuing Education Events, including significant savings on Convention registration.

**Professional Networking and Referrals...** Join the Psychological Services Locator to make your practice easier to find; referral resources at your fingertips.

**Get Help with Questions...** Need to know how to reach the Board of Examiners? Can't find the rule on how long to hang on to those files? Membership in KPA means you have somebody ready to help you - and it's just a phone call or e-mail away.

**Bypass Sticky Situations...** Free access to our Ethics Committee provides you with the tools you need to handle

those difficult professional situations, so you can head off a mistake that could possibly threaten your career.

**Practice Consultations and Practice Updates...**Members have access to free consultations with KPA's Director of Professional Affairs on a broad range of practice issues.

**Define the Profession...** Have a strong voice in how our profession is defined in Kentucky through KPA's advocacy initiatives.

**Develop Your Leadership...** Through participation on the KPA Board or committees, community outreach, public education, and more.

**Have a Sense of Community...** Psychologists can sometimes feel isolated. KPA helps you connect through listservs, CE events, academic programs, and more.

*If you aren't investing in psychology in Kentucky, isn't it time you did?  
Become a member today and begin to collect those dividends!*

Apply online at [www.kpa.org](http://www.kpa.org)

