

The Kentucky Psychologist

2014

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KPA

Kentucky Psychological
Association

Early Career Psychologists Update: Looking Toward the Future

Eric Russ, Ph.D., Early Career Representative to the KPA Board



Early career psychologists have a unique ability to see the opportunities and challenges of our field. As the ECP representative on our Board, it is important to me that we continue to move in a positive direction. Opportunities for psychologists are growing as research continues to demonstrate the importance and effectiveness of treatments across healthcare. From work on the effectiveness of psychotherapy vs. medication to manage mental illness, to studies demonstrating the importance of psychological care across a variety of medical conditions, the value of psychology in the medical field is growing. Despite this growing research literature, challenges remain. In my work at the University of Louisville Psychiatry Department, I see the intrusion and oversight of insurance companies continuing while reimbursement rates continue to be a struggle.

Our jobs have become more difficult. Challenges include a tough job market where we are being asked to do more: more research, more teaching, and more clinical work. ECPs are the future of psychology in Kentucky and it is vitally important that we start engaging now with our communities and our leaders. Psychologists are particularly

well prepared for leadership roles having a keen understanding of how to design and manage programs. If we are not in the conversation, we will get left behind. To this end, I strongly encourage ECPs in Kentucky to get or stay involved with KPA advocacy efforts. It is vitally important we advocate for the needs of psychologists with our elected officials and KPA works hard to make that happen.

Additionally, it is important that ECPs see themselves as part of a broader community of psychologists. The ECP committee is working on several projects to help achieve this goal. Currently, we're working to re-establish the mentoring program, develop a platform to facilitate consultations groups, and to update the website. As an actively growing and productive committee we are always seeking motivated and passionate new members!

Fortunately, we have a board at KPA that not only encourages ECP involvement but also constantly looks out for the future of psychology in Kentucky. I am proud to be part of this organization and look forward to helping build the ECP community in Kentucky while continuing our strong tradition of excellence.

Important Convention Deadlines

- September 26 ... Early Bird Registration Deadline
 - October 6 Hotel room block released
 - October 24 RSVP request for reception honoring new Psychology licensees
 - October 24 Pre-registration Deadline
 - October 24 Convention Classifieds Deadline
- Visit kpa.org for complete details!

**2014 KPA
Convention
Details
Inside!**

Update From the Executive Director

Lisa Willner, Ph.D., KPA Executive Director



Warm greetings to Kentucky's diverse and far-reaching psychology community! Much has happened at KPA since last year's fall *Kentucky Psychologist*, and I'm grateful for this opportunity to provide a brief update.

As we continue to prepare for Dr. Sheila Schuster's upcoming retirement as KPA's primary legislative agent, work on KPA's Advocacy Plan remains front and center. KPA leadership recognizes the need for on-the-ground advocacy that is appropriately *proactive* (i.e. KPA's role in opening the Kentucky Medicaid network; efforts to revise the Duty to Warn Bill), *reactive* (responding promptly and decisively to proposed legislative and regulatory changes which affect the science and profession of psychology), and *protective* (i.e. KPA's work with the Kentucky Board of Examiners of Psychology to ensure that only those with appropriate training and licensure engage in the administration and interpretation of psychological tests). KPA's evolving advocacy plan includes: 1) honing our message to the public, legislators, and others about psychology's effectiveness, 2) increasing Kentucky psychologists' organized and individual political giving, and 3) creating opportunities for meaningful contact between KPA members and legislators/policy makers/government officials. All three are important and necessary steps toward the goals of raising psychology's professional profile throughout Kentucky, and improving treatment opportunities and outcomes for all Kentuckians. This is perhaps an opportune time to mention that KPA is a non-partisan organization. As John McCarthy, KPA's principal new lobbyist tells us, we "don't represent the Republican or Democratic Parties. KPA represents the *Psychology Party!*"

While there is robust evidence of the wide-ranging and therapeutic benefits and cost effectiveness of psychological services, as well as clients' preference for psychological services over other forms of treatment, it appears that psychologists have been less than effective at communicating those benefits to the public, legislators, and other policy makers. To help all of our members recognize the strong empirical support for our work, I invite you to check out a slide show now available on the KPA website compiled by Dr. Eric Russ, KPA's current Early Career Psychology representative. (While

you're on the website, take a look at the newly updated Practice Resources page in the Members Only section.)

Advocacy is one among several important areas of focus for KPA and its leadership. KPA board members recently completed a Board Assessment to gauge their effectiveness in several other areas: Performance as a Group, Board Composition and Quality, Process and Procedures, and Board/Executive Relations. While there were suggested areas for improvement as there should be in any effective organization, the Board scored high in each of these areas. Most telling of all, perhaps, your current Board members find the work of leading the Association to be fulfilling. With a 100% response rate from elected Board members, 68% rated their KPA Board experience as "Very Satisfying," with the remaining 32% ranking the experience as "Satisfying."

Summer at KPA means our annual CE Road Shows. I enjoyed the recent trip to Florence, and look forward to the upcoming Central Region event. Meeting our members face-to-face is a highlight of my work with KPA, and I'm looking forward to KPA's "family reunion," our upcoming Annual Convention. This is a wonderful time to connect with longtime colleagues, welcome new ones, meet all of your CE requirements for licensure, and learn from national and regional experts on a range of topics. See inside for more details on this year's big event, *Psychologists as Collaborators*, and read up on a great lineup of Featured Speakers, interesting workshops, and special events.

At Convention or perhaps sooner, you'll have the opportunity to meet KPA's newest staff member, administrative assistant Alexandra Kempf, MPH. Leslie and I are enjoying the work with our new team member! Together, the three of us are eager to assist you in any way we can to help you maximize your KPA membership and participation.

As always, thank you for your membership and your support of KPA. Standing with you, as always, to stand up for psychology!

The Buzz

Laurie Grimes, Ph.D., KPA Director of Professional Affairs

It's hard to escape all the chatter and buzz about changes in the health care system. As health care professionals, we are in a time of transition and it can feel unsettling listening to and reading about alternative practice models. What does that mean for psychologists? With the advent of the Affordable Care Act (ACA), the wave of technological advancements ranging from electronic health records to telehealth practices, and the changing reimbursement structure, new constructs of health care are taking hold. While the logistics of these structural and systemic changes are intimidating, some of the conceptual bases of these models of integrated care bring welcome and exciting advances in thinking more comprehensively about health care. As the emphasis shifts to coordinating and partnering services for physical and behavioral health, new formats, organizational structure, and physical arrangements are being developed. Various alternative models are being conceptualized and attempted around the country. Some of the more prevalent

practice arrangements (outlined in an APA memo) are summarized below:

- **Referral Systems:** An informal arrangement where psychologists reach out to possible referral sources (hospitals, home health agencies, etc) that is low-cost and low-risk.
- **Co-Location:** Focusing on physical proximity, this model has psychologists renting space in buildings where other health care providers are located.
- **Independent practice association (IPA):** A formal, structured, legal arrangement where independent psychological practices can come together to contract with a managed care company or health system to provide services.
- **Management Services Organization (MSO):** A practice model where a large group of different types of providers (psychologists, psychiatrists, LCSWs,



Reflections... President's Desk

Pam Cartor, Ph.D., KPA President



I love summer. My primary job is to teach undergraduate psychology majors. The summer provides a break from classes and demands of those wonderful students. This year, the summer started with the KPA Leadership Retreat at the beginning of June. It was a privilege to sit for two days in a room filled with bright, dedicated psychology leaders talking about the Association and how we can best promote the research and practice of psychology in the state of Kentucky.

Around that room, there was a diversity of job settings and training experiences represented. This is reflective of our Association. Our members are involved in research and practice that spans the lifespan, with a wide range of clients and populations, with undergraduate and graduate students. Whatever our work setting, we are all impacted by what happens in Frankfort. The legislative and executive branches of state government have control over budgets for higher education, set laws governing the practice of psychology, and influence reimbursement and funding sources that impact reimbursements and jobs.

We have been lucky to have Sheila Schuster, a respected and powerful voice in Frankfort, speaking for KPA. We are approaching an important milestone as Sheila starts her transition from active lobbyist to cherished consultant. This requires that we all step up to take on the role of promoting psychology in Kentucky and directing our advocacy agenda. There will be different ways to do this, which is good because we have an Association of diverse people with many varied strengths. Because we are so diverse, it isn't easy to present a sound bite of who we are to people in Frankfort. Before, psychology was equated with Sheila. Now we have the challenge of making sure that KPA members are the trusted consultants for psychology relevant issues.

As Fall approaches and I head back to my wonderful students and the demands of the academic year, I look forward to working with KPA members and leaders in advocacy efforts that promote the study, research, and practice of psychology. Hope to see you soon at the annual convention in November.

KPA CE Event: Mind & Body Wellness

Applications for Contemporary Clinical Practice

Presented by Paul Salmon, Ph.D. • Jennifer Altman, M.A. • Pat Pernicano, Psy.D.

September 26, 2014 • 9:00 AM - 4:00 PM, Eastern

Riverside on the Farnsley-Moremem Landing - Louisville, KY

Visit kpa.org for complete details!

The Buzz continued from page 2

counselors, etc) become the behavioral health-care provider for many organizations/payors (such as an ACO). The MSO negotiates and manages the contracts with the organizations looking for behavioral health providers, but does not provide the services directly.

- **Accountable Care Organizations (ACOs):** An ACO is a network of doctors and hospitals that shares financial and medical responsibility for providing coordinated care to patients in hopes of limiting unnecessary spending; providers share in the savings. Psychologists can participate in ACOs, but are not currently able to develop their own.
- **Merger:** In this model, two parties sign an agreement to become one entity.

Support and incentives for these new models of practice vary by state. Where are the practices in Kentucky that are actively trying new organizational and financial arrangements? Are there psychologists on the cutting edge who are breaking out of the independent, fee-for-service, private practice model that has been the norm for our profession for decades? Networking and sharing experiences will be important as we all adjust to new ways of doing business, so please share your experiences with new integrative practice models with me at laurie@kpa.org so that I can develop a resource for KPA members. And stay tuned – the KPA Convention will feature national speakers presenting on practice models, telehealth, and much more, so mark your calendars for November 6-8!



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An Advocacy Committee Update

Georgeann Brown, Ph.D., Chair of KPA Advocacy Committee



KPA's Advocacy Committee was quite active this spring and summer. In liaison with the KPA board, our lobbyist Sheila Schuster, and the McCarthy Strategic Solutions lobbying firm, we helped to support and review legislation relevant to psychologists and mental health during the 2014 legislative session. On March 26th, we hosted an Advocacy Day for KPA members in Frankfort. Our primary goal for the Advocacy Day was to give KPA members a chance to start developing relationships with their legislators, which is going to be an important focus for us during the coming months. The overall feedback was positive from members, who felt like it was good to get experience talking with legislators and gain familiarity with advocacy issues. We hope to further develop the KPA Day to be on a larger scale next year, with more members and activities involved.

Advocacy is one of KPA's three strategic priorities and was the focus at KPA's annual Leadership Retreat in May. We discussed the importance of making sure the concerns of psychologists and the people we serve are represented. One of the most important ways we can advocate for ourselves and others is to make sure that our voices are being heard. Legislators highly value feedback from their constituents. In light of this, we want to encourage KPA members to develop relationships with their legislators throughout the year. We are getting ready to embark on more strategic relationship-building opportunities, including inviting legislators to select KPA events, inviting KPA members to attend certain political events, encouraging KPA members to invite their legislator to their workplace, encouraging KPA members to make political donations and explore other opportunities for political giving. In June, seven KPA members chose to contribute to and attend political fundraising events hosted by McCarthy Strategic Solutions, where we had the opportunity to talk with current legislators and candidates from both political parties about issues that affect us as psychologists. Please stay tuned for more opportunities to get involved.

Other upcoming activities related to the Advocacy Committee will include our doing some brief advocacy updates at some of the regional events and making more resources available to our members. Under the guidance of Sheila Schuster, we also hope to develop a strategic bill-watching and regulation-watching system. For more information on how to get involved with advocating for psychology and those we serve, please contact Dr. Georgeann Brown at georgeanns@hotmail.com.

A View of KPA from the Academy

Rich Lewine, Ph.D., KPA Academic Representative



PAC a wallop... According to a front-page article in the Courier-Journal, "Nearly 40 percent of the \$1 million contributed to the Kentucky General Assembly's political caucus funds in the last 18 months came from political action committees [PACs] of groups that lobby state lawmakers" (Loftus, 5 July 2014*). Irrespective of one's view about PACs (pro-PAC, anti-PAC, or a-PAC), there is general agreement that effectively working at the state legislative level to advance one's cause or organization increasingly requires a formal political action group.

While we academics do not often think of ourselves as participating at this level of political activity, KPA's recent spring academic conference brought the issue to the forefront as we discussed advocacy, political action, and academics. In his luncheon address, Patrick Pössel* challenged those in the academy to remember that our scholarly work does not and cannot take place in isolation. We depend on funding and support from outside sources in return for which we generate knowledge that is to be shared with and benefits the public. The political process is critical. Like it or not, politics and government affect our work. Consider two legislative (Federal) events Patrick cited that directly affected the academy:

- March 21st, 2013, Congress passed a bill requiring that NSF-funded political science research benefits either national security or economic interests
- August 2nd, 2013, NSF cancelled funding for political science research during the funding cycle that began in the middle of August 2013

How one engages politically can take many forms. Working with a focus on advocacy with the aid of a PAC is one strategy that is gaining traction among many organizations. Direct individual contact is another, as is quiet protest. What is clear is that to be heard requires a convergence of voices, effort, and dedication. And no matter what one's personal choice, we can always be certain of two things:

"The times they are a-changin'" (B. Dylan, 1964) and

"Plus ça change, plus c'est la même chose" (Jean-Baptiste Alphonse Karr, 1849)

* Loftus, T. Leaders defend PAC money. Opponents contend they can't compete. *Courier-Journal*, 5 July 2014, page 1.

** PowerPoint presentation available on request

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Interested in joining a KPA Committee?

Complete the application form at <http://www.kpaorg/?page=CommitteeApplication>

KPA Advocacy 2014 and 2015

Sheila A. Schuster, Ph.D., KPA Legislative Liaison and Federal Advocacy Coordinator



2014 has turned out to be a very interesting year for KPA in its advocacy development! In a year of transitioning in leadership, there have been a number of accomplishments, but also some disappointments. Probably the most significant and positive policy change to affect psychologists in Kentucky in many years has been the Cabinet's decision last January to open up the Medicaid Behavioral Health network of providers to include all levels of psychological providers, as well as other mental health professionals. Up to this time, the Community Mental Health Centers (CMHCs) had been the sole behavioral health providers for Medicaid members not in waiver programs. KPA hosted key policy-makers from the KY Department for Medicaid Services and the KY Health Benefit Exchange (kynect) at our Annual Convention last year to help prepare KPA members and others for these opportunities. Dr. Laurie Grimes, KPA's Director of Professional Affairs, and I also offered webinars to provide additional information.

The 2014 KY General Assembly (January – April, 2014) saw a mixed bag of legislation from a health and behavioral health point of view. Our Duty to Warn legislation (SB 85) would have clarified that the “patient” referred to in the statute includes both an outpatient and an inpatient. It failed to pass on the last day of the session, despite positive action in both the Senate and the House. Passage of the legislation will be a top priority in the 2015 KY General Assembly.

The state's biennial budget saw money put in to help the CMHCs shoulder the burden of the state pension costs, while state general funds for uncompensated care were cut. There continued to be much controversy among legislators, largely along party lines, about the Affordable Care Act (ACA), the state-based Health Benefits Exchange (kynect) and Kentucky's expansion of Medicaid, but no significant changes were enacted either in the budget or in legislation. Under the ACA, more than 400,000 previously uninsured Kentuckians now have health care coverage...and with all plans under the ACA required to offer mental health and substance abuse services at parity!

Bills which addressed licensure of other mental health professions were a mixed bag this session. The Fee-Based Pastoral Counselors, certified in the 1990's, will now be “KY Licensed Pastoral Counselors”. The legislation retained the prohibition against psychological testing that had been in place in the earlier law. The Certified Alcohol & Drug Counselors (CADCs) failed for the fourth time to move from certification to licensure. The bill does not impinge on the practice of psychologists, leaving open alcohol and drug counseling services to be delivered by those psychologists who have the appropriate education and experience. The inclusion of substance use disorders as a covered service for all Medicaid members yields an area rich with opportunity for appropriately-

those of the KY Mental Health Coalition around behavioral health, human services, domestic violence and social justice – are posted on the website (www.kpa.org).

KPA's advocacy often focuses on the administrative regulations which are the nuts-and-bolts of statute implementation. This year, KPA has successfully lobbied for changes in the Kentucky regulations to fully include all levels of psychological providers in both Medicaid and Medicaid waiver programs. At the federal level, KPA's advocacy stopped and reversed a negative decision by the Social Security Administration which would have prevented Master's-level providers from conducting disability evaluations.

Convention Special Event Save the Date!

Make sure to put our Thursday, November 6, dinner in the Courtyard Café at Vincenzo's on your convention schedule. There are so many reasons to not miss this exciting evening: the socializing, the networking, the fantastic food at one of Louisville's top restaurants, and most importantly, the chance to participate as we honor the upcoming retirement of our own SHEILA SCHUSTER in a ROAST/TOAST EVENT..... DON'T MISS IT!

trained psychological providers! A bill filed by the Licensure Board for Applied Behavior Analysts raised concerns with possible impingement on psychology practice. The bill did not pass in 2014 and KPA has already reached out to continue our discussions with the ABA-credentialed providers to resolve our differences.

Several pieces of legislation again failed to pass after years of effort; these included restoration of voting rights for some felons and a comprehensive statewide smoking ban. KPA personnel were involved in extensive work with consumers, family members, public defenders and others concerned about improving access to services for those with serious and persistent mental illness. Unfortunately, legislation to begin to address some of these issues failed to pass the General Assembly. A complete list of KPA's 2014 legislative priorities – including

KPA works hard to be the voice of psychology in Frankfort and in Washington... but we cannot be successful without your involvement! The KPA Advocacy Committee, chaired by Dr. Georgeann Stamper Brown, needs your input and help. Our new lobbying team headed by John McCarthy is ready to assist you to make contact with your elected officials and to be engaged in the political, policy-changing activities. YOUR best opportunity for advocacy is NOW, as incumbents and challengers prepare for the November 4th General Election! Many – if not all – of the 54 contested seats will be representing districts redrawn in 2013. Do you know who your elected representatives are?? Check out the list of candidates at www.kpa.org. What is most at stake in November is control of the KY House; a swing of five (5) seats from Democrats to Republicans will shift the power and control to that party! At the Congressional level, the most hotly-contested seat is that of Senior Senator Mitch McConnell who is being challenged by Secretary of State Alison Lundergan Grimes. Possible control of the U.S. Senate is at stake! The six incumbent KY House members in DC all have challengers in the November election as well. Remember, elections are determined by those who show up and vote! Make sure that is YOU and YOUR family, colleagues, and contacts!

of interest from this meeting. In the meantime, did you know that Illinois recently passed a prescription bill for psychologists? Here's a good link with a summary: <http://www.apapracticecentral.org/update/2014/06-12/illinois-prescriptive.aspx>

Update from the APA Council Representative

David Susman, Ph.D., APA Council Representative



I last updated you in the April KPA e-newsletter on my first APA Council meeting that was held in February, 2014. The next APA Council meeting is August 6, 2014. Look for a full report in an upcoming KPA e-newsletter that summarizes the major outcomes

of interest from this meeting. In the meantime, did you know that Illinois recently passed a prescription bill for psychologists? Here's a good link with a summary: <http://www.apapracticecentral.org/update/2014/06-12/illinois-prescriptive.aspx>

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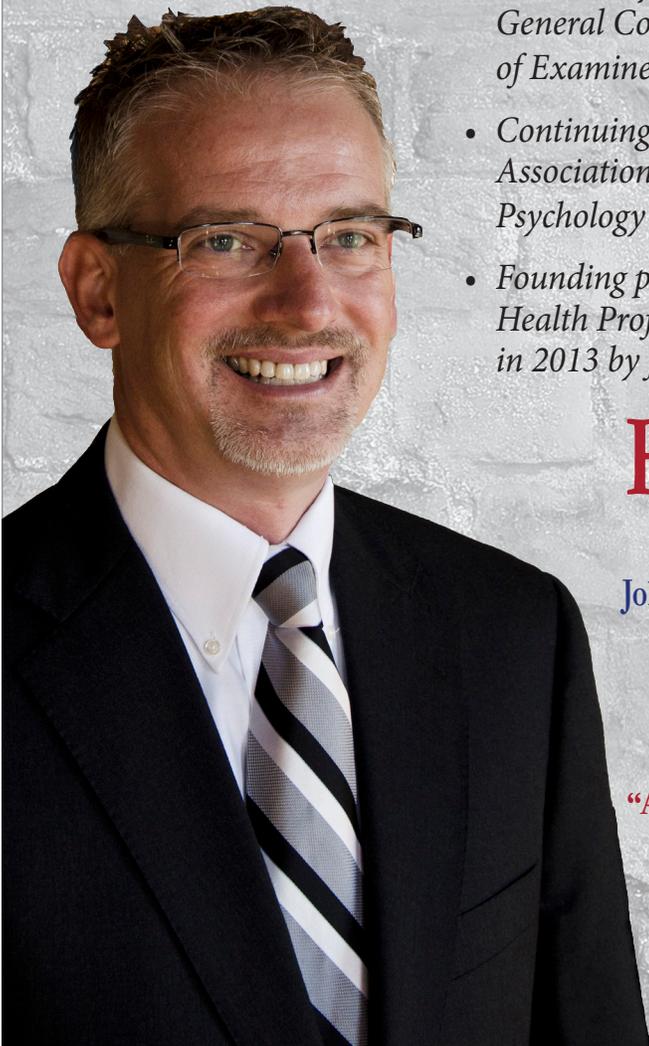


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Kentucky Psychological Association

2014 Annual Convention

Psychologists as Collaborators: Partnering to Provide Comprehensive Care

November 6 - 8, 2014

Galt House Hotel
Louisville, KY



**Miguel E.
Gallardo, Psy.D.**

Thursday, November 6



**Eve-Lynn
Nelson, Ph.D.**

Thursday, November 6



**Helen L. Coons,
Ph.D., ABPP**

Friday, November 7



**Gerald P. Koocher
Ph.D., ABPP**

Saturday, November 8

Attend all 3 days and earn
up to **19 CE credits!**

2014 Convention Workshops

Thursday, November 6

8:30 am

101. The Integration of Psychology with Outpatient Neurorehabilitation and Pain Management, 3 CE. *Brian R. Monsma, Ph.D. & Amy B. Gonshak, Ph.D.*
102. Conceptualizing and Treating Nonsuicidal Self Injury, 3 CE. *Tony Sheppard, Psy.D. & Tammy Hatfield, Psy.D.*
103. Telepsychology with Children and Families: Ethical Considerations, 3 CE. **Fulfills the 3 CE requirement for ethics/risk management.** *Eve-Lynn Nelson, Ph.D.*
104. Advanced Supervision in Child and Adolescent Psychology: Challenges, strategies, and models. **Meets advanced supervision requirement for board approved supervisors.** *Felicia Smith, Ph.D. & Tanya F. Stockhammer, Ph.D.*

11:50 am

105. **Keynote Luncheon.** Developing Cultural Humility: What I see could be me, 1 CE. *Miguel E. Gallardo, Psy.D.*

1:30 pm

106. Psychologists in Pediatric Practice: From primary care to specialty clinics, 3 CE. *Brandi M. Jones, Ph.D., Bryan D. Carter, Ph.D. & Sarah Cruce, Ph.D.*
107. Sleep and Mental Health: Research updates and clinical applications, 1.5 CE. *Ryan Wetzler, Psy.D.*
108. Cultivating Multicultural Dialogues: A model for discussing race, privilege, and power, 3 CE. *Miguel E. Gallardo, Psy.D.*

109. Preparing for Oral and Written Licensure Exam in Kentucky, Non-Credit. *Melissa Hall, M.S. & Stanley A. Bittman, Ph.D.*

3:15 pm

110. Trauma and the Body: New paths to healing, 1.5 CE. *Katie D. Young, Psy.D.*

111. KY Psychology Law: KBEP Explains What Psychologists Need to Know, 1.5 CE. **Fulfills 1.5 of the 3 CE requirement for ethics.** *Eva R. Markham, Ed.D. & Melissa Hall, M.S.*

Thursday Evening KPA Special Event honoring Sheila A. Schuster, Ph.D.

Vincenzo's Restaurant
6:30 pm - Cocktails / 7:00 pm - Dinner

This year's Annual Convention social will include an "Almost Retirement Party" and tribute to KPA's longtime legislative agent, Dr. Sheila Schuster. Please join us as we celebrate Sheila's many years of advocacy for psychology and mental health, and raise a glass to toast her many years of service to KPA.

Tickets - \$50.
Reserve early - space is limited!



Friday, November 7

8:30 am

201. Successful Collaborations with Medical Providers: Opportunities, models and guidelines for psychologists in independent and group practices, 3 CE. *Helen Coons, Ph.D.*
202. Lesbian, Gay, Bisexual, and Queer Adolescents: Clinical support and contextual intersections of identity, 3 CE. *Daniel Walinsky, Ph.D.*
203. Traumatic Brain Injury: What every clinician should know, 3 CE. *Brandon Dennis, Psy.D. & Abbey R. Roach, Ph.D.*
204. Domestic Violence and Elder Abuse, 3 CE. **This workshop meets the 3 CE requirement of KRS 194A.540 for domestic violence.** *David Hanna, Ph.D.*

11:50 am

205. KPA Awards Luncheon, Non-Credit. *Felicia Smith, Ph.D.*

1:30 pm

206. Depression in Women Across the Life Span: Assessment, treatment and prevention strategies to improve well-being, 3 CE. *Helen Coons, Ph.D.*
207. Understanding and Treating Pediatric Obesity: Tools for psychologists, 1.5 CE. *Laura Shaffer, Ph.D.*
208. Use of the MMPI-2 Restructured Form in Forensic Settings, 3 CE. *Dustin Wygant, Ph.D.*
209. Creating Effective Advocacy for Psychology, 1.5 CE. *Sheila Schuster, Ph.D.*

3:15 pm

210. Working In and Around Issues of Divorce: Navigating clinical and consultative roles with adults & children, 1.5 CE. *Katie McBride, Ph.D., Ginger B. Crumbo, Psy.D. & Susan Leavenworth, Ph.D., J.D.*

211. Legal Update for Psychologists, 1.5 CE. **Fulfills 1.5 of the 3 CE requirement for risk management.** *Bradley Sayles, J.D.*

Friday Evening Reception & Ceremony Galt House Hotel

5:00 pm - Reception and Ceremony Honoring New Psychology Licensees and KPAGS Social
Sponsored by the KPA Early Career Psychologists Committee.

All are invited to attend a Happy Hour with gathering areas to mingle with colleagues, and to witness the swearing-in ceremony of new KBEP licensees. This event will be a particularly good opportunity to make connections with fellow psychologists. Complimentary hors d'oeuvres and cash bar. (ECP's get 1 FREE drink on us!)

Saturday, November 7

8:30 am

301. Ethical Challenges in 21st Century Integrated Practice, 3 CE. **Fulfills the 3 CE requirement for ethics/risk management.** *Gerald Koocher, Ph.D., ABPP*

302. Integration of Psychology in a Pain, Cardiac Rehabilitation, and Bariatric Setting, 3 CE. *Jonathan D. Cole, Ph.D., Amanda W. Merchant, Ph.D., ABPP & Erica Adams, Ph.D.*

303. Decoding, Disfluency, Dyslexia: Best practices in reading assessment, 1.5 CE. *Joseph Edwards, Psy.D. & Stephen McCrocklin.*

304. Partners for Change Outcome Management System: Feasible integration of outcome measurement into everyday clinical practice, 3 CE. *Don Rogers, M.A. & David E. Hanna, Ph.D.*

10:15 am

305. Current Issues for Master's Level Training in Psychology, 1.5 CE. *Myra B. Bundy, Ph.D.*

11:50 am

306. Networking Luncheon and KPA Annual Membership Meeting, Non-Credit. *Pam Cartor, Ph.D.*

1:30 pm

307. Ethical Challenges in Serving Families, 3 CE. **Fulfills the 3 CE requirement for ethics/risk management.** *Gerald Koocher, Ph.D., ABPP*

308. Introduction to Mindfulness-Based Stress Reduction (MBSR): A taste of mindfulness, 3 CE. *John S. Shealy, Ph.D.*

309. Service Learning 101: Guidelines for an effective partnership, 1.5 CE. *Jennifer L. Price, Ph.D. & Kandice Whitehouse, B.A.*

310. Basic Supervision, 3 CE. **Meets requirement for first time supervisors.** *Joseph Edwards, Psy.D.*

3:15 pm

311. When Learning isn't "Fun", 1.5 CE. *Rich Lewine, Ph.D.*

Hotel Accommodations

KPA has negotiated a discounted rate for Wednesday through Saturday of \$129 per night at the Galt House Hotel in Downtown Louisville. KPA's room block will be held through October 6, 2014, or until all rooms have been booked. You can make your reservations online by following the link from the Convention web page or by calling 1-800-THE-GALT (1-800-843-4258). Visit the www.gotolouisville.com for details about Louisville's dining scene and entertainment options.

Complete Workshop Details Available at www.kpa.org

Important Attendee Information

Kentucky Psychological Foundation Event

There will be a Kentucky Psychological Foundation (KPF) Silent Auction throughout the Convention at the KPF display table located with the Convention Exhibitors/Registration Area. There will be a variety of items that will be awarded to the highest bidder. Help raise money for KPF by donating auction items and bidding on items for yourself or a friend! Contact kpa@kpa.org to make an auction donation.

Workshop Handouts

To lessen our environmental impact, and to control the sharply rising costs associated with KPA's Annual Convention, there will be very limited use of paper handouts at this year's workshops. Handouts will be posted online and available for download from the main Convention page. Each workshop room will have Internet access, allowing handouts to be viewed on laptops during the workshop. As an added bonus, Convention-goers will have access to digital versions of all Convention handouts, not just those for the workshops you attend!

Special Assistance

If you have a need for special assistance please let the KPA Office know as soon as possible so that we may make appropriate arrangements. The facility is fully handicapped accessible. Questions? Call us at 502-894-0777.

Cancellation Policy

95% refund if cancellation received on/before October 21, 2014. 50% refund if cancellation received between October 22, 2014 and October 28, 2014. 25% refund if cancellation received between October 28, 2014 and November 4, 2014. No refunds after November 4, 2014. All refund requests must be in writing to KPA, 120 Sears Ave, Ste 214, Louisville, KY 40207 or kpa@kpa.org.

CE Credits/ Attendance

Psychologists, Social Workers, Counselors, Art Therapists: The workshops in this program have been approved for CE credits by the Kentucky Psychological Association (KPA). KPA is approved by the American Psychological Association to sponsor continuing education for psychologists. KPA maintains responsibility for this program and its content. KPA is also an approved sponsor for the Kentucky Board of Examiners of Psychology, the Kentucky Board of Social Work, the Kentucky Board of Professional Art Therapists and the Kentucky Board of Professional Counselors. (Provider #1004). You must attend workshops in their entirety to obtain CE credit. Offerings are subject to change.

2014 KPA Annual Convention

Registration Information

Name: _____ Degree: _____
Please print name as you want it to appear on your BADGE

Address: _____

City/ State/ Zip: _____

Email: _____

Phone: _____

Licensure Board: _____

Circle the workshops you plan to attend.

Thursday, November 6

8:30 AM - 9:55 AM	101	102	103	104
10:15 AM - 11:40 AM				
11:50 AM - 1:20 PM	105 - CE Presentation Luncheon			
1:30 PM - 2:55 PM	106	107	108	109
3:15 PM - 4:45 PM		110		111
6:30 PM	KPA Special Event Honoring Dr. Sheila Schuster			

Friday, November 7

8:30 AM - 9:55 AM	201	202	203	204
10:15 AM - 11:40 AM				
11:50 AM - 1:20 PM	205 - KPA Awards Luncheon			
1:30 PM - 2:55 PM	206	207	208	209
3:15 PM - 4:45 PM		210		211
5:00 PM	ECP Reception / KPAGS Social			

Saturday, November 8

8:30 AM - 9:55 AM	301	302	303	304
10:15 AM - 11:40 AM			305	
11:50 AM - 1:20 PM	306 - KPA Networking Luncheon & Annual Membership Meeting			
1:30 PM - 2:55 PM	307	308	309	310
3:15 PM - 4:45 PM			311	

KPA Status:

- KPA Member
 Sister State Psych Association Member (state _____)
 KPA Student Member* (no CE credit)
 Non-Member - Join NOW & save a bundle!

* Students are also eligible to receive free attendance by participating in the Volunteer Student Program. See website for details. Students desiring CE credit must register at KPA Member rate.

Convention Registration Fees

All Convention Package - Best Buy!

Fee includes admission to all 3 days of Convention and all 3 luncheons!

All Convention	KPA Member	Non Member	KPA Student*
On/Before Sept 26	\$325	\$525	\$225
On/Before Oct 24	\$375	\$575	\$240
After Oct 24	\$405	\$605	\$255

All Convention Fee: \$ _____

Per Day Fees

Fee includes admission to all workshops and lunch on indicated attendance day(s).

Per Day	KPA Member	Non Member	KPA Student*	TOTAL
On/Before Sept 26	\$135	\$200	\$75	x_# days = \$ _____
On/Before Oct 24	\$150	\$215	\$80	x_# days = \$ _____
After Oct 24	\$165	\$225	\$85	x_# days = \$ _____

Indicate Day(s) you will attend:

Thursday Friday Saturday

Lunch "Opt Out" Preference

Lunch is included in your registration fee. If you do not want the onsite lunch on the day(s) you are registered to attend, indicate which day below and deduct \$20 per day from your registration fee.

Thursday Friday Saturday

Total Lunch Deduction: ___ # days x \$20 = \$ _____

Dietary Needs

No Specific Dietary Needs Vegetarian
 Other, please specify: _____

Thursday Special Event Tickets

Join us as at one of Downtown Louisville's premier Italian restaurants, Vincenzo's, as we pay tribute to KPA's longtime legislative agent, Dr. Sheila Schuster. Ticket price includes 3-course dinner and celebration of Sheila. Cash bar.

Total Special Event Tickets: ___ # tickets x \$50 = \$ _____

Kentucky Psychological Foundation Donation

Make a tax-deductible donation to support scholarships and other initiatives of the Kentucky Psychological Foundation.

Total Donation: \$ _____

Total Payment Due

Total Fees: \$ _____

- Check enclosed, made payable to KPA
 Credit Card: Visa / MasterCard / AMEX / Discover

Cardholder Name: _____

Account#: _____ Exp Date: _____

Signature: _____

Ethical considerations in working with gender nonconforming clients



Zoe Leibowitz, KPA Ethics Committee Student Representative

At present, there is a dearth in the number of mental health professionals trained to work with gender nonconforming clients. According to the World Professional Association for Transgender Health (WPATH) Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People (2011), the minimum competency requirements for psychotherapy providers include “continuing education in the assessment and treatment of gender dysphoria” (p. 28). Beyond these requirements, they recommend that psychologists treating trans* individuals be educated on further culturally relevant information regarding, for example, public policy, sexuality, and advocacy. Additionally, research indicates that positive therapeutic outcome for trans* individuals is associated with therapist expertise in gender (Rachlin, 2001). Despite this, many psychologists who work with trans* clients lack the specialized training or education necessary in this area. The most common example of this is in community mental health where practicality often overshadows best practices. Lack of proper training in this area can result in the pathologizing of client identity, as well as the further marginalization of an oppressed group.

When treating trans* individuals, WPATH (2011) emphasizes that “being transsexual, transgender, or gender nonconforming is...not pathology” (p. 4). It is possible, however, that social stigmatization and discrimination (both institutional and through microaggressions) can be the catalyst for psychological distress that may not otherwise be present. In 2011, the National Center for Transgender Equality and the National Gay and Lesbian Task Force released a report on discrimination of transgender individuals (Grant et al., 2011). This report indicated that transgender individuals, particularly those of racial minority status, experience discrimination at profound and disturbing rates. Additionally, the report indicates that transgender individuals are significantly more likely than the rest of the population to attempt suicide. While Kentucky was excluded from the survey, two neighboring states, Indiana and Tennessee, showed attempted suicide rates between 42-46%, which is striking when compared to the national population rate of 0.5% (CDC, 2012). This indicates that trans* individuals are likely to seek or be referred to mental health services disproportionately to the rest of the population.

Regardless of whether psychologists promotes themselves as trans* competent, it is likely many will work with a trans* individual at some point in their career. This is especially true because WPATH (2011) still requires two letters from health professionals in order for individuals to access hormones. For many individuals, at least one of these letters will come from a psychologist. In providing the best treatment possible, it is necessary to be mindful of where one’s competencies lie and gain further information and consultation when necessary. For individuals without specialized training, consulting with an expert is considered both ethical and in line with the WPATH requirements. It is also important to recognize that while trans* clients may be seeking mental health services in order to access hormones, there are myriad other reasons why they enter therapy.

Due to the fact that trans* clients enter therapy for issues unrelated to gender identity, it is vital to recognize that gender nonconformity does not necessitate gender dysphoria. It is possible for trans* individuals to be content in their gender expression—whatever that may be. It is common for individuals to assume the ultimate goal for transgender individuals is gender reassignment surgery; however, this is often not the case. This misconception plays into the gender dyad that can work to clients’ detriment. Similarly, many individuals do not use the term ‘transition’ because they never fully embraced the gender role they were assigned at birth or because they actualize their gender identity, role, and expression in a way that does not involve a change from one gender role to another” (WPATH, 2014, p. 9). When there

is confusion regarding a trans* client’s experience of gender, e.g., use of pronouns, the best way to address this is through open discussion and communication. Just as with all clients, making assumptions about beliefs or needs can be damaging to the individual, the client/therapist relationship, and the client’s perception of mental health practitioners. It is critical for psychologists to be open to communication and avoid pathologizing.

While psychologists play a primary role with trans*, aspirationally, they should also work to reduce stigmatization existing on an institutional level. There are numerous simple ways to reduce covert messages that reinforce the gender binary and marginalize these individuals. Examples of this include: increasing presence of gender neutral bathrooms within organizations providing treatment to trans* individuals, including hospitals, university counseling centers, and community mental health centers, and changing intake forms to provide a place where individuals can specify their gender identity as opposed to a forced male/female choice. These actions are small, but are necessary to increase multicultural awareness and decrease the profound discrimination that currently exists against trans* individuals.

This article is in no way comprehensive regarding cultural awareness nor discrimination. For more information visit the following websites:

http://www.wpath.org/uploaded_files/140/files/Standards%20of%20Care%20V7%20-%202011%20WPATH.pdf

<http://www.apa.org/pubs/info/reports/gender-identity.aspx?item=1>
http://www.thetaskforce.org/downloads/reports/reports/ntds_full.pdf

References

- Center for Disease Control (2012). *Violence prevention suicide datasheet*. Retrieved from Center for Disease Control website: <http://www.cdc.gov/violenceprevention/pdf/suicide-datasheet-a.pdf>
- Grant, J.M., Mottet, L.A., Tanis, J., Harrison, J., Herman, J.L., & Keisling, M. (2011). *Injustice at every turn: A report of the national transgender discrimination survey (Research Report)*. Retrieved from National Gay and Lesbian Task Force website: http://www.thetaskforce.org/reports_and_research/ntds
- Rachlin, K. (2002). *Transgender individual's experiences of psychotherapy*. *International Journal of Transgenderism*, 6(1).
- World Professional Association for Transgender Health. (2011). *Standards of care for the health of transsexual, transgender, and gender nonconforming people (7th Version)*. Retrieved from World Professional Association for Transgender Health website: http://www.wpath.org/uploaded_files/140/files/Standards%20of%20Care%20V7%20-%202011%20WPATH.pdf

KPA Member Benefit Highlight

Free Ethics Consultation

Have an ethical concern or question?

Request a consultation from the KPA Ethics Committee by completing the Ethics Consult form available under the Members Only section of the website.

How it works...Your request will be forwarded to the current KPA Ethics Committee Chair, Dr. Kim McClanahan, who will consult with the entire ethics committee and review ethical guidelines prior to issuing a response. Response time averages around 10 days depending on the depth of the consultation request.

A KPA Member Only Service!

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Meaningful Lives*

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All Kentuckians will embrace the positive value of psychology in their lives.

Mission:

To build a psychologically healthy Kentucky by:

- Embracing diversity
- Helping all Kentuckians discover and reach their full potential
- Promoting healthy behavior
- Helping all Kentuckians cope with life's changes

Save the Date!

The 2015 Spring Academic Conference will take place on Saturday, March 28th, and will be hosted by Midway College.

KPF Update

Cay Shawler, M.S., President of the Kentucky Psychological Foundation



What is going on with the Foundation? There have been significant developments in the past eighteen months. First of all, there is the name change. Kentucky Psychological Association Foundation seemed cumbersome and confusing, so the legal name is now: KENTUCKY PSYCHOLOGICAL FOUNDATION.

AS a reminder, KPA is a 501(c)(6) or a non-profit business organization which generates income from dues, continuing education events, advertising, and sales of KPA products. KPA can also engage in lobbying efforts and seeks to support the psychologists of the state. KPF is a 501(c)(3) charitable organization that generates income through donations which qualify as charitable giving and grants from other like organizations. KPF seeks to take psychology to the citizens of the state.

The Board is complete with the following members, Cay Shawler, M.S., President, Lois Doan, M.A., Treasurer, along with Patrick Possel, Ph.D., David Susman, Ph.D., Danelle Stevens-Watkins, Ph.D., Andy Meyer, Ph.D., and Ken Lombart, Ph.D. Dr. Meyer has moved out of state so KPF is currently in discussions with the first non-psychologists who work in the financial world. The bylaws state that two seats may be occupied by non-psychologists to bring needed diversity and contacts with a larger network.

The Foundation Board spent many hours on technical, but critical tasks, such as developing a service agreement between KPA and KPF to ensure collaborative and cooperative efforts in the future. The Board also completed a reporting structure for committees to the Board. The four committees that currently do so are: Public Education, Diversity, Psychology in the Workplace, and the Disaster Response Network. These committees all relate to the goal for KPF.

The Foundation had a day long retreat led by Dr. Rick Cartor to develop a mission, goals, and a slogan. KPF is attending the non-profits leaders' group led by Dr. Cartor. KPF is now a member of the Kentucky Non-Profit Network and will seek to be included in the Kentucky Non-profit day in 2015.

The goals for the coming year are to continue sponsorship of the Academic Conference, a Diversity Training Day, as well as sponsoring scholarships. We will identify a Public Education campaign.

These efforts and more continue to be funded by the Silent Auction at the Annual Convention so we look forward to giving you more progress updates at that time.

Support the Kentucky Psychological Foundation!

All KPA members are encouraged to support the KPF auction! Help build a psychologically healthy Kentucky by procuring and/or donating silent auction items. (e.g. vacation packages, event tickets, restaurant certificates, arts/craft and regional items, and other tangible items of value.) Donations to KPF are fully tax deductible.

Research Colloquium Travel Award

The Foundation has created an initiative to support the presentation of research colloquia by psychologists in academic or research settings within the Commonwealth of Kentucky. The purpose of this initiative is to foster inter-institutional networking between Kentucky academic or research institutions, promote the exchange of ideas, and provide career-development opportunities for academic and research psychologists within the Commonwealth. Contact kpa@kpa.org for complete details.

Psychology in the Workplace Network

Courtney Keim, Ph.D., PWN Committee Chair



Kentucky's Psychology in the Workplace Network has been very active this year! I am happy to take over the role as chairperson of the committee from Dr. Howard Bracco, who has served the committee well. We have added several new committee members and have recharged Kentucky's Psychologically Healthy Workplace Awards with the help from a grant from the American Psychological Association.

So, what exactly is the Psychology in the Workplace Network (PWN)? We are a group of psychologists committed to teaching the business community how psychological theories, ideas, and concepts can be applied to the workplace. The PWN achieves this goal by giving out the Psychologically Healthy Workplace Awards, designed to recognize Kentucky organizations for their efforts to foster employee health and well-being while enhancing organizational performance. Focusing on areas including *Employee Involvement, Work-Life Balance, Employee Growth and Development, Health and Safety, and Employee Recognition*, the awards recognize organizations that are implementing policies that think about employees holistically. These five areas go beyond the common focus in organizations on physical health and wellness. Rather, the

awards consider the importance of employees' *psychological health*, including one's sense of autonomy, control, respect, trust in an employer, and level of occupational stress.

The awards committee evaluates applicants using a variety of methodologies, including multiple questionnaires and site visits consisting of interviews and focus groups with organizational leaders and employees. Our applicants have indicated that simply completing the questionnaires gives them valuable feedback they can use to implement better organizational practices. Each applicant is given a detailed report with feedback in each of the areas mentioned so that they may all make improvements at the betterment of their employees. This level of detail, time, and passion given by our committee members differentiates us from other workplace awards and, we feel, makes our services unique and important. Winners are presented with awards at both the annual KPA Convention in November and at the organization's site before their employees. Those organizations that receive state-level awards are eligible for APA's national awards.

Currently, the Kentucky PHWA committee has narrowed down a list of three finalists and is in

the process of conducting site visits at each of those organizations. We are proud to announce our finalists are Passport Health Plan (Louisville), Bellarmine University (Louisville), and Wellness by Design (Lexington). By taking an inside look at each of these organizations, the awards committee will be able to evaluate the level of commitment to a psychologically healthy workplace starting with the executives and leaders, down to the baseline employees.

We invite you to join us at the awards luncheon at the Convention this year as we recognize all of our finalists and our winner(s). We also invite you to get involved in the PWN, either by encouraging an organization in Kentucky to apply for the awards next year, or by serving on the committee in some capacity. You can find more information at our website, kpa.org/PHWA, or contact the KPA office at kpa@kpa.org.

The PWN Committee

Courtney Keim, Ph.D. (chair), Howard Bracco, Ph.D., Caitlin Vela, Trenton Phillips, Megan Church-Nally, M.S., Scott Salathe, Psy.D., Crystal Farmer, Sarah Meyer

2014 Outstanding Mentor Award Winners



Graduate Division:
Danielle Stevens-Watkins, Ph.D.
University of Kentucky



Undergraduate Division:
Janet B. Dean, Ph.D.
Asbury University

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August 1, 2013 – July 31, 2014

Thank you for your generosity!

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Robert L. Smith, Ph.D.
M. Duncan Stanton, Ph.D.
Ronald Stephens, Ph.D.
Robin Sublett, Ph.D.
John Urey, Ph.D.
Honorable Mention
Ronald Botto, Ph.D.
Marian Broadus, Ph.D.
Valerie Fallon, Psy.D.
Allison From, Psy.D.

Jack Hanel, Ph.D.
David Hanna, Ph.D.
Zachary Knowles
Laura Linebarger, Psy.D.
Carol Lowery, Ph.D.
Daniel Luchtefeld, Ph.D.
Raymond Martorano, Ph.D.
Denise Meyers, M.Ed.
David Olson, Ph.D.
Stephen Perry, Ed.D.
Jennifer Price, Ph.D.
Donald Ralph, Ph.D.
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Scott Salathe, Psy.D.
Lacey Sharkey, Psy.D.
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Martha Wetter, Ph.D.
Thomas Widiger, Ph.D.
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Special thanks to Dr. Nancy Moore who has arranged for a legacy gift to the Kentucky Psychological Foundation.



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National Currents

David Olson, Ph.D., KPA President-Elect

The role of psychology within the changing health care landscape has been a prominent issue for many state associations. The following items offer a sampling of the issues pertaining to health care as discussed by psychologists across the country.

Ohio - In Ohio, a recent state association newsletter has highlighted several psychologists presenting their first-hand experiences practicing in integrated health care systems. Practitioners involved cardiovascular health, bariatric evaluation and care, pain management, and inpatient hospital care, were featured. Among the issues addressed was the importance of educating physicians on the interrelationships between emotions, cognitions, and physical health. Interestingly, the article suggested that psychologists consider attaining APBB certification since board certification is considered an essential achievement within medicine.

North Carolina - The North Carolina State Association Newsletter recently had an article which discussed societal forces which may increase the demand for psychological services, including an increase in the number of individuals with health insurance; the possibility that cost containment measures will paradoxically benefit behavioral health, due to high health costs of behavioral and lifestyle issues; and societal concerns and priorities - such as recognition of stress disorders in soldiers returning from combat and the obesity epidemic. Another article from North Carolina addressed potential benefits of integrated care for psychologists. Integrated care can expose psychologists to patients who would not seek traditional mental health treatment and may offer opportunities to see more seniors and individuals with psychosomatic disorders and chronic illnesses. There also may be more opportunities involving disease prevention and promotion of healthy behaviors. Issues to be settled will be scope of practice issues and differing treatment philosophies. The traditional biomedical model involves medical provider assuming responsibility for course of treatment whereas behavioral health treatment involves shared responsibility between provider and client.

New York - The New York State Psychological Association has published a special issue of their newsletter devoted solely to health care reform. An interesting comment in the editor's introduction is that the future of independent practice has not been adequately addressed in current conversations regarding health care. The issue contains articles on psychology's role in the new health care system, a description of a psychology internship program within an integrated primary care setting, examples of interdisciplinary practices, and the research funding opportunities within the health care model.

Maryland - An article by McGrath and Postal (2013), originally published in the New Jersey newsletter, has been re-published in several state association newsletters and provides a nice overview of the looming health care changes in a question-answer format. They view the ACA as significant as the introduction of Medicare and Medicaid in terms of its impact upon psychological practice. One important aspect of the ACA is the implementation of Accountable Care Organizations. They discuss health care delivery systems, actually not mandated by ACA, but nevertheless likely to be implemented in some form.

The Maryland Psychologist Newsletter also published a column regarding the set of guidelines for the practice of telepsychology recently published by the APA Telepsychology Task Force (2013). Telepsychology, broadly conceived, refers to the "provision of psychological services through the use of email, texting, social media, and videoconferencing." Apparently the Veterans Administration has run a pilot program involving mental health services since 2009. The research literature indicates that a variety of disorders have been treated via videoconferencing, including PTSD, eating disorders, anxiety disorders, depression, and smoking. The licensing and regulatory requirements must be known and adhered to in relevant jurisdictions if the clinician is planning to practice outside state lines. Videoconferencing systems that seem to meet above criteria (disclaimer: please refer to most current privacy and security system information, as vendors and offers change rapidly): VIA3 (not Mac compatible), Nefsis (not Mac compatible), VSee, SecureVideo, Zoom.US, GoToMeeting, and VIDYO. The ASPPB has started granting an "Interjurisdictional Practice Certificate" (IPC; see <http://www.asppb.net>) that provides temporary authority to practice based on notification to that state's licensing board. To date, five states have agreed to participate in such an agreement, including Kentucky.

West Virginia - West Virginia has a licensure bill before the legislature that will add a new provider category, Licensed Psychological Practitioner, which will allow masters level psychologists to practice independently contingent upon meeting all the licensing requirements of the WV board.

References

Joint Task Force for the Development of Telepsychology Guidelines for Psychologists. (2013). Guidelines for the practice of telepsychology. *American Psychologist*, 68, 791-800.

McGrath, R.E., & Postal, Karen. Answers to the most important questions about health care reform. *New York State Psychologist*, Vol. 25, No. 4, Fall, 2013.



2015 KPA CE Event Planning

The KPA CE Program Development Committee is hard at work planning events for the 2015 Calendar year. Here is a glimpse of what is to come:

Featured Presentation – Sept. 17 & 18

Dr. Anne Marie Albano, Director of the Columbia University Clinic for Anxiety and Related Disorders, will be presenting a day and a half event on Evidence-Based, Developmentally-Sound Treatment of Anxiety Disorders in Children, Adolescents and Young Adults.

May 14, 2015 – Ethics – Sponsored by The Trust.

Sequence V, Hot Topics in Ethics and Risk Management in Psychological Practice. Workshop completion earns 6 CE credits and eligibility to receive a 15% premium discount on your Trust Sponsored Professional Liability Insurance for your next 2 consecutive policy periods.

Additional CE topics to include:

- Advocacy in Action
- Managing Suicide Risk: A Collaborative Approach
- Best Practices in Outcome Measures
- Diversity Conference
- Basic Supervision & Advanced Supervision of Child and Adult Assessment
- Best Practices in Assessment and Assessment Reports

Congratulations to KPA's 2013 Annual Award Winners!



Hall of Fame Inductee - **William J. Meegan, Ph.D.**
Psychologist of the Year - **Joseph F. Edwards, Psy.D.**
Distinguished Career in Psychology - **David L. Winsch, Ph.D.**
Jack Runyon Community Service - **Virginia Frazier, Psy.D.**
Distinguished Public Service Award - **Sen. Jimmy Higdon**
Distinguished Public Service Award - **Rep. Jesse Crenshaw**
Schuster Advocacy Award - **Felicia Smith, Ph.D.**
Media Award - **Al Cross, Kentucky Healthy News**

We hope to see you at the 2014 KPA Awards Luncheon on November 7th, held in conjunction with the KPA Annual Convention at the Galt House in Louisville.



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Membership IN KPA

A Great Investment in your future!

This annual edition of the Kentucky Psychologist goes out to both members and non-members alike. I would like to personally encourage each of you who are not currently Members of KPA to take a fresh look at the Association. I think you will find a vibrant, active organization!

- KPA is an organization that works to meet the needs of ALL of psychology in Kentucky.
- KPA Interest Sections helps Members connect with those sharing similar professional interests. Current sections include Clinical, Child/Adolescent, Education & Training, Health Psychology, and Forensic, and more. Free to members!
- KPA has an active legislative agenda, and works to promote and protect the profession on both the state and national levels.
- KPA has one of the highest Academic membership counts in the country and the Annual Spring Academic Conference is estimated to be the largest of any state psychological association.
- Unlike many other states, KPA includes Master's psychologists as full members and has voting Master's representation on the Board.

Membership in KPA really is an excellent investment in your profession - now and for the future. Here are a few of the "dividends" you can expect:

KPA Members...

- **Save Money...** special discounts at all KPA sponsored Continuing Education Events, including more than 30% off Convention fees. With the new Monthly payment option, it's more affordable than ever!

- **Bypass Sticky Situations...** Free access to our Ethics Committee provides you with the tools you need to handle those difficult professional situations, so you can head off a mistake that could possibly threaten your career. Free practice consultations also included in membership.
- **Conserve Time...** KPA sorts through and summarizes all kinds of information for you, and that information is available 24 hours a day online at www.kpa.org. You'll find information on APA activities, HIPAA Help, consumer information and guides, summaries of national events affecting psychology, and links to numerous psychology-related sites.
- **Get Help with Questions...** Need to know how to reach the Board of Examiners? Can't find the rule on how long to hang onto those files? Membership in KPA means you have somebody ready to help you - and it's just a phone call away.
- **Define the Profession...** Have a strong voice in how our profession is defined in Kentucky- through legislation, community outreach, public education, and participation in the statewide mental health community.
- **Have a Sense of Community...** Psychologists can sometimes feel isolated. KPA helps you connect through list serves, CE activities, Academic programs, and service activities.

Join with your colleagues to protect psychology now and in the future... KPA Members take pride in knowing that their association is well-respected at the national level. Through their support of the Foundation, Members help to educate the public about psychological factors in every day life. Through their dues and support of outreach activities, Members help to nurture and protect the profession of psychology in Kentucky. They recognize their responsibility to give back to the profession that has given them their livelihood. Yet, all of KPA's work to enhance the science and practice of psychology in our state is supported by fewer than half of those who benefit from it.

*If you aren't investing in psychology in Kentucky, isn't it time you did?
Become a Member today and begin to collect those dividends!*

Apply online at www.kpa.org



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