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PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD PRESENTED TO MARYHURST

(Louisville, 1/29/2018) – Maryhurst will receive the Psychologically Healthy Workplace Award from the Kentucky Psychological Foundation (KPF) for promoting a psychologically healthy workplace.

According to KPF, a “psychologically healthy” workplace encourages employee involvement, emphasizes health and safety, seeks to stimulate the growth and development of employees, helps employees balance work and life, and formally recognizes employee contributions.

KPF received five applicants for the 2017 awards, each of which went through a comprehensive evaluation process. The 2017 winner is Maryhurst, the oldest child welfare nonprofit in Kentucky working with kids and families to prevent abuse, restore hope and empower survivors of trauma.

Maryhurst was recognized because of its organizational culture that ties how employees are treated to the organization’s core values: the individual worth of every person, acting with compassion and mercy, communicating to resolve conflicts and create harmony, and being passionate about providing care for their clients.

“Maryhurst employees truly care for one another and recognize the dignity in each other,” says Courtney Keim, Ph.D., Chairperson for the awards committee. “Employees described a family-like atmosphere where employees feel tied to the organization’s mission and purpose. Many staff members who we interviewed said that they felt like they are making a real difference in their clients’ lives.”

While providing care to their clients can be challenging, many employees said Maryhurst provides them with resources to cope with any stress they may encounter. Employees also indicated they feel appreciated for the work they do and are included in decision making. Employees at Maryhurst are given support to grow and develop in their careers and balance the demands that can occur between work and life obligations.

“We want to recognize the exceptional organizations like Maryhurst that are creating psychologically healthy workplaces,” says Keim. “But our main goal with the awards program is to have our winners serve as models for other Kentucky employers, and to educate the public about how the application of psychology in the workplace can happen in ways that benefit employees.”

The award will be presented to the employees at Maryhurst on Wednesday, January 31st, at Maryhurst’s Dorsey Lane location in Louisville, Kentucky.

The Kentucky Psychological Foundation's (KPF) mission is to build a psychologically healthy Kentucky through public education, work place health, diversity awareness, disaster response, and psychology leadership development. More information and a link to support KPF can be found at <https://www.kpa.org/about2>.