
Beth Simon, Psy.D.

Brief Bio:

I am a psychologist in a group private practice in Louisville, where I conduct psychological assessments and provide therapy. I also volunteer at the Survivors of Torture Recovery Center. Outside of psychology, I enjoy traveling, hiking, mountain biking and spending time with my two dogs.

As a Board Member, what do you find the most rewarding - or what are you most hoping to accomplish?:

I find the opportunity to help shape the future of the association, and connecting with colleagues to be the most rewarding elements of being a member of the Board.

Why did you decide to become involved as a leader within KPA?:

I began by joining the Early Career Psychologist Committee, and then was nominated to serve on the Board as the Early Career Psychologist Representative. I initially joined the committee to connect with ECPs and to help with projects the committee was involved in at the time, including building a mentoring program, increasing awareness of the licensure process, and creating content for the KPA ECP website.

How did you end up in psychology?:

I had a really interesting Psych 101 teacher in undergrad. I was always interested in human behavior and psychology in general, and psych 101 opened my eyes to the potential career opportunities in psychology. Before that time I had planned to become a writer for a living.