

The Kentucky Psychologist

2018

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KENTUCKY
PSYCHOLOGICAL
ASSOCIATION
TO PROMOTE PSYCHOLOGY AS A
SCIENCE AND A PROFESSION

What is a Psychologist? The Importance of Branding in Protecting and Promoting Our Profession

*Sarah Shelton, Psy.D., MPH, MSCP,
President, Kentucky Psychological Association*



One of the most attractive and appealing things about the field of psychology is perhaps its diversity. Being a Psychologist can take many forms...Professor, Clinician, Scientist, Advocate, Consultant, and more. The possibilities of professional identities seem endless...as they should be. After all, psychologists possess a wealth of knowledge and skills that are applicable in many different roles and environments. This works to our advantage, because it allows psychologists to have a presence, voice, and influence in many places and in many ways in local, state, national, and international arenas. It also affords us great flexibility with our professional development trajectory on an individual level. Perhaps this is what attracted many of us to a career in psychology in the first place.

However, the diversity of our field can be a double-edged sword when it comes to public perception of who psychologists are and what we do. To complicate this further, there are numerous other mental health professionals who appear to play the same roles and provide the same services that we do. This is particularly true in the clinical realm, where services are known by billing codes that do not differentiate between the licenses (thus education and training) of the provider. It is no wonder that public confusion exists about exactly who psychologists are or what it is that we do that is unique from anyone else holding a license to provide "therapy." Then, add to the problem, the virtually never accurate portrayal of psychologists on television and in the movies.

Psychologists are often reluctant to differentiate themselves or to emphasize their superior level of training and unique skill sets, possibly for fear of appearing to boast or out of fear of offending our non-psychologist colleagues. As a result, we have blended in nicely, and lines have blurred about

who we are and what we do - or at least what we do differently - than other similar disciplines.

Why does this matter? Psychologists seem to be generally confident in their own abilities. So, if we are comfortable and content with who we are and what we do within ourselves, isn't that all that really matters? Isn't any concern about public perception just about our own egos? I believe the answer to both of these questions is a frank, "no."

For many of us, it may be true that we have already reached a level of success, security, and stability in our own careers that makes the looming threat of psychology becoming an amorphous entity seem far-fetched. Yet, we recently experienced a threat in our own state of licensure board consolidation that belies this sense of security. As a professor and supervisor, I am often approached by students and trainees who are confused about why some job postings may read, "Psychologist/Counselor/Social Worker," or who are frustrated why other job postings may simply leave out "Psychologist" all together. This concerns me and, I believe, should concern us all.

Some of us have lived and worked in environments and communities where psychologists are recognized and respected and are generally accurately conceptualized. Others of us have lived and worked in areas where this is not the case. Some of our stories and experiences with that can range from humorous to heartbreaking.

Doesn't this issue really only apply to clinicians? I do not believe so. Although, recent threats to our professional livelihoods are of this nature. For example, the ability of other professions to perform psychological services, such as testing is being encroached upon by other license holders. Reimbursement rates with various third party

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From the Executive Director....

By Lisa Willner, Ph.D., Executive Director

Once a year or so, I meet with KPA's president, past president, and president elect to review our strategic plan. We check in on our progress, consider whether the various elements of the plan are still relevant and aligned with our mission, and bring recommendations for revisions back to the full board. When **Sarah Shelton, Psy.D., Katie McBride, Ph.D., Eric Russ, Ph.D.**, and I met recently, we were reminded of how far we have come as an organization with respect to advocacy. With *legislative advocacy at the federal level*, we have more clearly defined the role of KPA's Federal Advocacy Coordinator, and how it fits into KPA's larger advocacy structure. At the state level, our Legislative Committee has evolved over the past several years and developed clear processes for reviewing legislation as it is filed, advising the KPA board on legislative priorities, and engaging our membership in grassroots advocacy through action alerts, meet-ups with legislators, and our annual KPA Legislative Day at the state capitol. Beyond legislative advocacy, KPA's board has adopted a Public Interest Review Committee to allow members to *advocate on issues of public interest* for the KPA board's consideration for action, a position statement, or opportunity to educate the public. With regard to *advocating for psychology through education*, the Kentucky Psychological Foundation's (KPF's) Public Education Committee has participated in health fairs and forums, had a number of op-eds published across the state that provided information and perspective about our profession, the science of psychology, and the skills and knowledge we bring to bear. KPF's Psychology in the Workplace Network has participated in a number workplace reviews, consultations, and interviews to *advocate for psychologically healthy practices at work*. We've not only substantially expanded our footprint over the past several years, but there have never been more ways and opportunities for KPA members to engage directly with any of these advocacy efforts that interest them.

A key reason for strategic planning is to insure the long-term success and vitality of KPA and KPF, and to secure its future. Securing our future is also the motivation behind KPA's imminent move to new office space.

After 29 years at 120 Sears Avenue - in various office suites - the KPA Central Office is re-locating. KPA established its headquarters in the current St. Matthews (Louisville) location in 1989, the year that **Dr. Sheila Schuster**

became KPA's first Executive Director. KPA maintained its Sears Avenue home base throughout the years of Sheila's leadership, through the years when **Dr. Nancy Moore** served as Executive Director of KPA, and since my KPA tenure began in 2009. As Sheila stepped down from the KPA Executive Director role, she maintained her close proximity to KPA by running Advocacy Action Network and other numerous advocacy projects out of an office within the KPA suite. Until recently, Kentucky Voices for Health also used KPA's offices for many of their administrative and meeting needs. The arrangement has worked out well for us over a period of many years. For the majority of our members who've never visited the KPA Central Office, there is a lot of history and a lot of activity here at Sears Avenue. However, with rental costs on a steep rise, the increasing challenges of an aging building, future tenancy considerations, and a number of other factors to consider, our longtime home is no longer tenable for us.

We are excited to announce that KPA/KPF will be moving its operations to brand new office space in the Lyndon area of Louisville. Your Central Office staff is very grateful for the strong support from the KPA and KPF boards in making this possible! While we strive continually for psychologically health practices within our own KPA/KPF workplace, we are very happy to be moving to a space where we can be environmentally healthy as well! We are optimistic that our members will support the move, and support the future of KPA/KPF. Your tax-deductible contributions to KPF will allow us to purchase this beautiful new space. Stay tuned for more information on the KPA/KPF Capital Campaign!

In the meantime, we will continue to stand with you and stand up for psychology!



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payors are of constant concern, as psychologists struggle to demonstrate their (internally known) value. This may not immediately concern psychologists performing other types of services or working in non-clinical environments. Yet, what makes us so confident that the challenge for psychologists and psychology to be recognized and respected will stay confined to the clinical realm? While psychology clinicians are not superior in their identities or the services they provide relative to non-clinician psychologists, they are arguably the most common "face" of psychology to the public due to their high level of interaction with others. If we are not recognized accurately on the "front lines," then what makes us think that we will be anywhere else?

So as not to sound alarmist, I will happily concede that there will always be jobs for psychologists. However, the question of whether or not those jobs will equitably reflect our advanced years of education and training, and the time and money we invest in those things, is a valid one. Many advisors accurately point us down the path of outcomes measures to demonstrate our worth empirically. While this is a vital step towards protecting and promoting our profession, it will not wholly solve the problem. Consider, for example, a company that develops a product that is indisputably shown to be more effective or more efficient than similar products. That is certainly convincing. Yet, that research is not very useful, if stores do not know to stock their shelves with that item, or if consumers do not know to go to the stores and buy it. That is where the importance of a brand (and marketing that brand) enters the picture.

At the Annual KPA Leadership Retreat held in June, dialog and activities surrounding these issues occurred. The end result is a newly formed Psychology Branding Work Group that will focus their efforts throughout this year and beyond to develop and market a strong, positive, and effective brand for psychologists to help us maximize our impact in all the varied and important roles we serve.

**If you have an interest in serving on the Psychology Branding Work Group, please contact the KPA office or this author directly.*

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The New Psychological Testing Paradigm

By Laurie Grimes, Ph.D., MPH, KPA Director of Professional Affairs



Do you do psychological or neuropsychological testing? If so, tune in to this conversation, because major changes are afoot. By major I mean that you will no longer get paid for your work if you do not adopt these new coding practices. The current coding family of 96101, 96102, 96118, and 96119 will be obsolete as of January 1, 2019.

Think back to last summer when the Show Me the Money series was hitting your mailbox every other week to spread the word about the RUC survey being conducted to adjust “work values” assigned to psych testing. The tedious, highly technical, and super secret CMS process is now complete and the results have led to an overhaul of the conceptualization of the work of psychological testing. Getting prepared to bill for testing on 1/1/19 is a process and the specifics will unfold as the fall progresses. I will send out information as I get it and will be offering a workshop at KPA convention devoted to the new process.

In a nutshell, it seemed to CMS (Center for Medicare Services) that they were paying twice for testing services. A double dip philosophy emerged due to confusion about work that is done by psychologists vs. technicians, billing across multiple days, coding feedback sessions, and other ill-defined aspects of the current coding set. In a climate focused on health care cost reductions, psych testing appeared to be a clear glut in the system and cuts in reimbursement rates of up to 45% were proposed. Due to intensive advocacy, this paradigm shift in psych testing was devised that establishes a coding system that is consistent with the coding systems of other medical specialties. The core priority is to distinguish the unique, professional work based in clinical decision-making of a psychologist from the data-gathering, administrative work of a technician, and to preserve those differences for psychologists who do all their own testing work (i.e., without the use of technicians).

The new system is based in two types of codes - base and add-on - for three types of work - pre-service work (e.g., record review, battery selection, consultation with referral source), intra-service work (e.g., interpreting single tests, integrating results, differential diagnosis and treatment planning, creating report), and post-service work (e.g., transcribing results, distributing results to referral sources). More information on using base and add-on codes will be revealed in the coming months, but in very general terms, the base code will be billed once for the first hour of work and then add-ons will be used for subsequent time spent on various aspects of testing. The documentation process will vary by the type of work that goes into psychological and neuropsychological testing. The new system is supposed to:

- eliminate problems from billing psychologist and technician work together
- recognize both face-to-face and non-face-to-face work by a psychologist (i.e., capture the cognitive or clinical decision-making work)
- provide explicit codes and processes for billing across multiple days, scoring, and providing feedback

The rule is technical and long (1400 pages), so the experts are still sifting through the fine print, but initial estimates are that psychologists will likely receive about a 6% increase in reimbursement under this new system.

Information will be trickling out this fall. In September, the AMA will publish the new codes and descriptors, in November the fee schedule will be released, and in January the codes and documentation requirements will be in effect. To be prepared for 1/1/19, follow my email blasts and newsletter articles (a KPA Member benefit), attend the workshop at KPA convention on changes to psych testing coding, and access the resources listed below.

APA Resources:

- APA 2018 Convention Symposium: Securing Psychology’s Identity in Health Care- The Next Decade of Psychological and Neuropsychological Testing- Saturday, August 11 2-3:50 Moscone Center, Room 207.
- Early Fall: Revised Reimbursement section of APA’s Practice Organization’s website to include updated Testing Codes and a crosswalk with codes and units and talking points for psychologists to take to compliance officers/ billing & contract staff.
- November: Webinar on the final rule and implementation of the new testing codes
- 2019: Tear-out sheet in Good Practice magazine with old versus new testing code information and additional webinars and other training materials on implementing the new codes as needed
- APA Practice Organization: www.apapracticecentral.org
- Click on Reimbursement in the top menu.
- Psychology Coding - CPT and Psychological Service Billing: <http://psychologycoding.org/>

KPA Member Benefit Highlight

Free Practice Consultations

Have a practice concern or question?

KPA’s Director of Professional Affairs, **Dr. Laurie Grimes** is available to consult with KPA members concerning problems with third party reimbursement and will work with KPA members to bring these issues to the attention of insurers, regulators such as the KY Department of Insurance, and, in coordination with the KPA lobbyist, with legislators. She will inform KPA leadership of legislative, regulatory and advocacy issues affecting the provision of psychological services, and will gather psychological practice information from APA resources and from other state and provincial psychological associations. She will also communicate as necessary with KY Board of Examiners of Psychology concerning legislative and regulatory issues which affect KPA membership and their ability to provide and be reimbursed for psychological services.

Have a professional/practice question for Dr. Grimes? KPA Members log in to the KPA website and access the consultation form under the Members Only section!

A KPA Member Only Service!

2018 Convention Update

By Marianne McClure, Ph.D., KPA Convention Chair



“Meeting at the Intersection: Connections in Psychology,” the 2018 KPA Annual Convention will be held November 1st-3rd at the Marriott Griffin Gate Resort in Lexington.

Dr. James Furrow, Dr. Elizabeth Brestan-Knight, and Dr. Wendi Williams will be the featured presenters. Dr. Wendi Williams will be the featured diversity speaker. She is the associate dean of Academic Affairs at Bank Street College of Education. **Dr. Williams’** academic interests focus on the implications of intersectional identity formation in shaping the experiences of all human beings. Her workshop will be engaging, informative, and will challenge participants’ thinking.

Dr. Furrow is a recognized leader in the development and practice of Emotionally Focused Therapy (EFT) and is a professor at Fuller Theological Seminary. EFT is a leading empirically supported couple therapy approach that engages the power of emotional change to transform relational bonds. Key interventions for helping couples transform romantic bonds will be presented. The workshop will be relevant for clinicians who work with diverse couples who are in committed relationships.

Dr. Brestan-Knight has conducted projects focusing on the dissemination and implementation of Parent Child Interaction Therapy (PCIT) to front-line mental health therapists throughout the United States and World. She is a professor of psychology at Auburn University, works with families at the Auburn Psychological Services Center, and has over 14 years of experience in direct provision of PCIT, training therapists, and supervising students in PCIT. **Dr. Brestan-Knight** will be providing a morning and afternoon session on PCIT, which is an empirically supported treatment for young children with disruptive behavior disorders that emphasizes improving the

quality of the parent-child relationship and changing parent-child interaction patterns. Convention attendees will be able to choose to attend the morning session, afternoon session or both.

Over the course of the fall, additional information will be provided about each of our featured presenters along with more details about their workshops. We also are fortunate to have a variety of presenters (many of whom provide workshops nationally and internationally) who graciously volunteer their time and expertise to enhance our convention experience and in this and future newsletters; I plan to highlight some of these speakers.

Dr. James Walker will be presenting a 3 hour workshop on The Neuropsychology of Violence: Aggression and the Assessment of Risk. **Dr. Walker’s** presentation will focus on the environmental, societal, genetic, biochemical, and neurological origins of human violence and its manifestations. Key variables for assessing estimated levels of violence risk will be discussed, as well as strategies for accurately formulating and defending estimates of risk in given individuals. **Dr. Walker** is a forensic neuropsychologist and the managing principal of Neuropsychology Consultants, PLLC in Nashville, Tennessee. **Dr. Walker** received his PhD in clinical psychology from the University of Louisville in 1993 and since that time has had an extensive range of experience in several states as a forensic neuropsychologist.

The annual convention will provide three days of outstanding training by a variety of local presenters and by our featured presenters. There will be opportunities to attend workshops that provide CE’s that are requirements for your license, as well as workshops that will update your knowledge base, challenge your perceptions, and even encourage you to breathe. Additionally, there will be time to socialize, network, and revitalize. Please mark your calendar for November 1st- 3rd and continue to read your emails and review the KPA website for updated convention information.

Interested in joining
a KPA or KPF Committee?

Complete the application form
found on your KPA member
landing page.



Kentucky Psychological Association

8004 Lyndon Centre Way | Suite 202
Louisville, Kentucky 40222
502-894-0777 | kpa@kpa.org
www.kpa.org

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Mark@MarkRBrengelmanPLLC.attorney
www.MarkRBrengelmanPLLC.attorney ■■



Mark R. Brengelman
Attorney at Law PLLC



APA Council Representative Report

By David Susman, Ph.D., APA Council Representative

The APA Council of Representatives held its winter meeting on March 9 & 10, 2018 in Washington, DC. Three major action items from the meeting are summarized in this brief report.

1) Masters training and practice

Council continued its discussion on Masters level training and practice in psychology after voting in August 2017 for APA to formally revisit the issue. The question before Council at this meeting was whether APA should accredit Masters training programs in health service psychology.

This discussion covered various significant concerns, including:

- 1) Current and projected workforce shortages for mental health practitioners;
- 2) Health disparities and inadequate access to mental health care of minority, rural and other underserved populations;
- 3) Recent initiatives by the counseling profession to limit psychology faculty from teaching in counseling programs;
- 4) Efforts to prohibit psychology Masters graduates from eligibility to obtain licensure as professional counselors.

After debate, 92% of Council approved pursuing accreditation of master's level programs in health service psychology. Council directed

staff and governance, in particular the Board of Educational Affairs, to take steps to develop an accreditation system. This is a multi-year process that will require Council approving the plan prior to implementation. A task force has recently been appointed to oversee this process.

Subsequent small and large group discussion centered on scope of practice and title issues. There was strong support for doctoral and Masters practitioners to have uniform titles, defined and separate scopes of practice and for the title "psychologist" to be reserved for doctoral level practitioners.

2) APA Reorganization

Council approved a new joint 501(c)3/501(c)6 organization membership agreement. This move will increase APA's capacity to advocate for the full range of issues that members expect, provide new kinds of member benefits, and support government relations staff with the resources and flexibility they need to advocate for both the discipline and the profession in a political climate that is increasingly volatile. At membership renewal time this year, all APA members will become part of both a c3 (charitable/scientific) and a c6 (advocacy/lobbying) organization.

Council directed the President to appoint a work group to develop a plan for implementation of the joint 501(c)3 and 501(c)6 membership

agreement for approval at Council's August 2018 meeting. The plan will include integration of priorities across both organizations and a determination for the percentage of 2019 dues to be allocated between the 501(c)3 and 501(c)6 organizations and the process for future dues allocations. The current proposal recommends 60% of member dues going to the (c)6 organization and 40% of dues to the (c)3 organization.

3) Diversity

Council voted to receive the report of the Council Diversity Work Group, which recommends sweeping changes in policy and procedures, participation and representation and diversity training, leading to cultural shifts within Council and APA, as a whole, to make greater strides in promoting greater inclusion of diversity issues.

The APA staff Diversity and Inclusion Work Group will be working with a consultant over the next six months to develop a framework for APA's diversity and inclusion activities and the job description for the APA Chief Diversity Officer, a newly established executive position which will be filled in the near future.

If you would like further information about these items or other APA initiatives, please feel free to contact me at david.susman@uky.edu.

Relationships Matter

Amanda Merchant, Ph.D. - Chair, Legislative Committee & Georgeann Brown, Ph.D. - Federal Advocacy Coordinator

Have you ever started a therapy session with a new client by jumping in and quickly telling them what they should do to solve a problem? "Mr. X, I understand you're having marital problems. Here's what will fix it.". Even if it's the best advice, psychologists know suggestions will not be taken until a relationship is developed, a client feels heard and understood, and they have some understanding about you.

KPA's long-time advocate, Sheila Schuster, Ph.D., has impressed on us that working in Frankfort is no different. Psychologists can use the same skills they use in their work to forge relationships with legislators so that advice can be heard and acted upon.

Frankfort is making decisions every session which impact your career and those you serve. Wouldn't you like them to take a psychologist's advice when making decisions about our licensing board reorganization, or about Medicaid changes, or addressing violence in schools? When KPA members sit down with legislators to discuss our concerns, the prior relationship we with have with them is primary element in whether we get heard.

The KPA Legislative Committee would love your help in forging these

relationships with your local representatives. Start by learning who your representatives are and get to know them (you can visit www.lrc.ky.gov). How have they been voting on issues that matter to you? What bills have they sponsored?

Then help your legislator get to know you. Legislators want to hear from their voting constituents. Personal communications such as hand-written letters, phone calls, and personal meetings go a long way. Identify yourself as their constituent and a psychologist. No need to start the advice giving just yet; just let them know what you do and perhaps find an area of mutual agreement. The goal is simply positive rapport building. When an issue comes across their desk involving mental health, we want them to think "wait, I know a psychologist I can call for input!".

Thank you so much for your support of KPA's advocacy efforts. Please see the Advocacy session of the KPA website (kpa.org) for more information and ways to get involved.



Everything You Need to Know to Vote on November 6, 2018

by Sheila Schuster, Ph.D.



With the election cycle in full swing, NOW is the time for all of us to get active on the election side of the political arena! Nothing could be more important than playing a role in deciding who the legislators will be in 2019 and 2020 who will be considering psychology legislation and making it law!



In the **Kentucky General Assembly**, all 89 of 100 House seats are up for re-election in 2018, and 18 of 19 Senate seats (even-numbered districts) will be on the ballot. These are critical elections to determine who YOUR Representative and Senator will be in the upcoming Kentucky General Assembly sessions. Also, all 6 KY seats in the House of Representatives in DC are on the ballot. Talk to the candidates and vote for those who will support PSYCHOLOGY. The voices – and votes – of all of us in the psychological community –colleagues, families, clients, and students – can make a BIG difference.

The 2018 Primary election was held in May, setting the candidates for the November 6th General Election. One of those primary winners was our own **Dr. Lisa Willner** who campaigned hard and won 58% of the vote in a three-way election. Lisa has an opponent in November, but she and her many supporters are optimistic that she will be elected to succeed Rep. Jim Wayne, a social worker who has represented the 35th House District in Louisville for 27 years. Lisa will be the first psychologist ever elected to serve in the KY General Assembly...and that can only mean good things for psychologists, for access to health care, and for support of the many issues which we champion each legislative session!

The General Election for state and federal seats is set for November 6th. In order to vote in the General Election, **you must be registered to vote by October 9, 2018.**

It is not too late to get active in this election cycle: host a neighborhood gathering, put out a yard sign, walk the district, contribute to the KPA PAC or to the candidates of your choice, volunteer with your local political party...but above all – VOTE!

As political science professor Larry Sabato described it: “Every election is determined by the people who show up.” Be one of those people!

KPA Member Benefit Highlight

Free Ethics Consultations

Have an ethical concern or question?

Request a consultation from the KPA Ethics Committee by completing the Ethics Consult form available under the Members Only section of the website.

How it works...Your request will be forwarded to the current KPA Ethics Committee Chair, Dr. Pat Burke, who will consult with the entire ethics committee and review ethical guidelines prior to issuing a response. Response time averages around 10 days depending on the depth of the consultation request.

A KPA Member Only Service!

KPA Advocacy Benefits

Remember that KPA's advocacy efforts are supported by your membership in KPA. KPA's advocacy benefits all psychologists, not just those who belong to KPA. We thank you for continuing to support the future of psychology and those we serve through your active membership in KPA!

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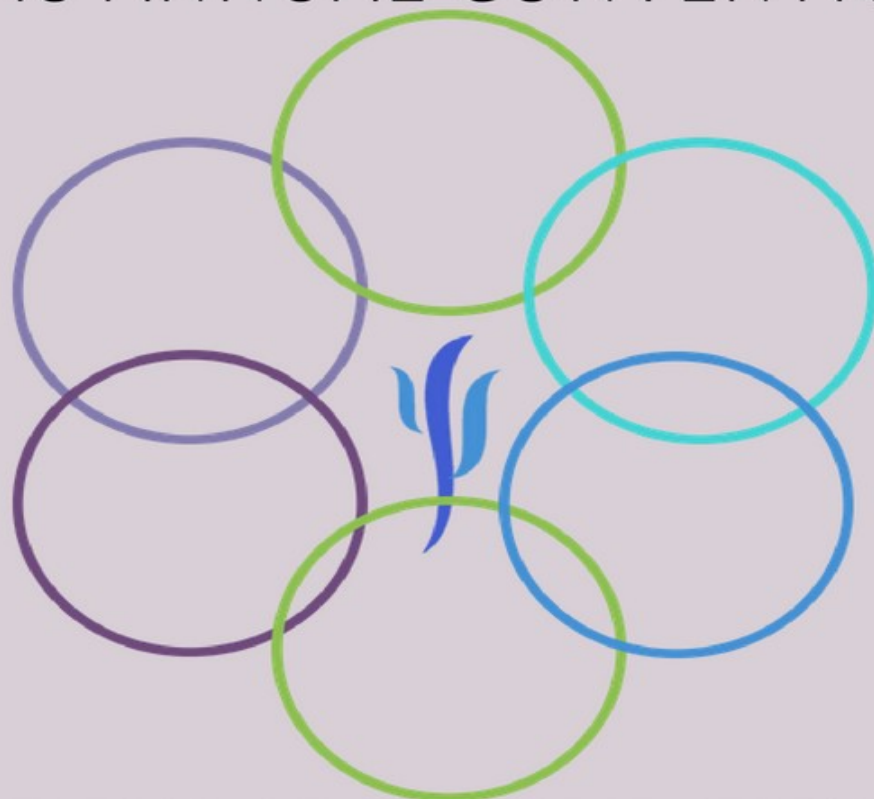
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KENTUCKY PSYCHOLOGICAL ASSOCIATION
&
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2018 ANNUAL CONVENTION



MEETING AT THE INTERSECTION:
CONNECTIONS IN PSYCHOLOGY

Featured Presenters:



Wendi
Williams, Ph.D.



James
Furrow, Ph.D.



Elizabeth
Brestan Knight, Ph.D.



James
Walker, Ph.D., ABPP



Convention Sponsors



CENTERSTONE



2018 CONVENTION WORKSHOPS

THURSDAY, NOVEMBER 1

8:30 AM

T01. We Who Believe in Freedom: Toward a Spirit-Sustaining Psychological Care and Advocacy Practice, 3 CE. *Wendi Williams, Ph.D., Featured Presenter*

T02. Concussions and mTBI: A Primer for Psychologists, 1.5 CE. *Dan Han, Psy.D.*

T03. Building Competence in Communication for Children with Severe and Multiple Disabilities, 1.5 CE. *Jacqueline Kearns, Ed.D.*

T04. Basic Supervision, 3 CE. *Eva Markham, Ed.D.* **This workshop meets the 3 CE hour requirement for basic supervision.**

KBEP Committee Meeting

10:15 AM

T05. The Journey: How A School District Became Trauma Informed, 1.5 CE. *Joseph Bargione, Ph.D.*

T06. Transforming Healthcare: A Model of Integrated Behavioral Health for Socially Disadvantaged Communities, 1.5 CE. *Sarah Shelton, Psy.D., MPH, MSCP, Shamima Akhter, M.A., M.S., BCBA/LBA, Steve Katsikas, Ph.D., Adriana Pena, M.A., & Crystal Goodwin, M.A.*

KBEP Open Board Meeting

11:50 AM

Lunch & Learn T07. Neurogastronomy: An Interdisciplinary Psychological Science, 1 CE. *Dan Han, Psy.D.*

1:30 PM

T08. Engaging Emotion to Transform Relationships: Exploring the EFT Process of Change, 3 CE. *James Furrow, Ph.D. Featured Presenter*

T09. Practicing Cultural Humility, 3 CE. *DeDe Wohlfarth, Psy.D. & Truman Harris, M.S.*

T10. Evidence Based Treatments for Traumatized Youth, 3 CE. *Heather Risk, Psy.D.*

T11. Kentucky Psychology Laws and Ethical Practice, 1.5 CE. *Elizabeth W. McKune, Ed.D.* **This workshop meets 1.5 of the 3 CE requirement for ethics/risk management for psychologists.**

T12. Preparing for the Oral and Written Licensure Examination, Non-Credit. *Melissa Hall, M.S.*

3:15 PM

T13. Top Three Legal Issues: Subpoenas; Confidentiality, and Board Complaints 1.5 CE. *Mark Brengelman, JD & Susan Meyerle, Ph.D., LIMHP, CEAP* **This workshop meets 1.5 of the 3 CE requirement for ethics/risk management for psychologists.**

THURSDAY EVENING SOCIAL EVENT

T14. SOCIAL EVENT: APPLIED NEUROGASTRONOMY: EXPERIENCE THE BRAIN'S CREATION OF FLAVOR THROUGH THE SENSES, 1 CE.

Join us for a hands-on, creative, and engaging social learning event led by Dan Han, Ph.D., President of the International Society of Neurogastronomy and Associate Professor UK College of Medicine and Alissa Briggs, Ph.D., Assistant Professor at UK College of Medicine. The experiential, educational portion of the evening will be followed by hors-d'oeuvres, libations, and a relaxed time to socialize with peers.

NOVEMBER 1ST AT 5:45PM
HILARY J. BOONE CENTER | UNIVERSITY OF KENTUCKY

Check www.kpa.org for more details

FRIDAY, NOVEMBER 2

8:30 AM

F01. Foundations of Parent-Child Interaction Therapy (PCIT), 3 CE. *Elizabeth Brestan-Knight, Ph.D. Featured Presenter*

F02. Advanced Clinical Supervision: Legal, Ethical, and Risk Management Issues, 3 CE. *George Haarman, Psy.D.*

This workshop meets the advanced supervision requirement for the Kentucky Board of Examiners of psychology approved supervisors.

F03. Understanding the Connection: Trauma, Mental Health, Addiction, and the Criminal Justice System, 3 CE. *A.J. Steele, Psy.D.*

F04. Tobacco Cessation and Mental Health Populations: Why Should We Address This Health Behavior?, 3 CE. *Patricia Weiter, Psy.D.*

11:50 AM

KPA Annual Awards Luncheon—Sponsored by The Kentucky Psychological Foundation

1:30 PM

F05. Parent-Child Interaction Therapy (PCIT) Assessment Methods, 3 CE. *Elizabeth Brestan-Knight, Ph.D. Featured Presenter*

F06. Alzheimer's Disease and Dementia: Is There Anything We Can Do?, 3 CE. *Benjamin Mast, Ph.D., ABPP*

F07. Hot Topics in APA, 1.5 CE. *William W. Stoops, Ph.D., Blanka Angyal, M.Ed., Candice Hargons, Ph.D., David Susman, Ph.D, Pamela Remer, Ph.D., & Eric Russ, Ph.D.*

F08. The New Psychological Testing Codes: How to Get Paid in 2019, 1.5 CE. *Laurie Mount Grimes, Ph.D.*

3:15 PM

F09. Sex Therapy Basics for Psychologists, 1.5 CE. *Candice Hargons, Ph.D.*

F10. How Advocacy Intersects with Psychology: What KPA is Doing and How You Can Be an Advocate, 1.5 CE. *Georgeann Stamper Brown, Ph.D. & Sheila Schuster, Ph.D.*

Reception Honoring New
Licensees and Swearing-In
Ceremony at the
Griffin Gate Marriott
Resort & Spa

5:00 PM - RECEPTION AND CEREMONY HONORING
NEW PSYCHOLOGY LICENSEES/KPAGS SOCIAL
SPONSORED BY THE KPA EARLY CAREER
PSYCHOLOGISTS COMMITTEE.

All are invited to attend a Happy Hour to mingle with
colleagues and to celebrate the swearing-in of
new KBEP licensees.

Sponsored by:


2018 CONVENTION WORKSHOPS

SATURDAY, NOVEMBER 3

8:30 AM

S01. The Neuropsychology of Violence: Aggression and the Assessment of Risk, 3 CE. *James Walker, Ph.D., ABPP*
Featured Presenter

S02. Hot Topics in Ethics: Is Traditional Training Enough?, 3 CE. *Tripp Griesinger, Ph.D., Federico "Felito" Aldarondo, Ph.D., Michael McClellan, Ph.D., Warren Lambert, Ph.D., & Vicki Van Cleave, Psy.D.* **This workshop meets the 3 CE requirement for ethics/risk management for psychologists.**

S03. There's an App for That: Enhancing Therapy and Professional Practice Using Mobile Apps and Websites 3 CE. *Dan Florell, Ph.D.*

S04. Parental Alienation: Evaluating and Treating Affected Families, 3 CE. *Sarah Shelton Psy.D., MPH, MSCP & Katie McBride, Ph.D.*

11:50 AM

Luncheon & KPA Annual Membership Meeting

1:30 PM

S05. Kentucky Opioid Epidemic - Origins & Future, 3 CE
Danesh Mazloomdoost, M.D.

S06. Navigating Personality and Psychopathology Assessment Issues in Complex Adult Cases, 3 CE. *Sean Reilly, Ph.D., Lindsey Jasinski, Ph.D., Teri Maynard, Psy.D., CBIS, John Scanish, Psy.D., & Rebecca Asher, Psy.D.*

S07. Addressing the Multifaceted Nature of Domestic Violence: Broad Strategies for all Relationships, 3 CE. *Isla Arras* **This workshop meets the 3 CE hour requirement for domestic violence.**

S08. Yoga, Yoga Nidra and Meditation for Clinicians: Helping Clients Regulate Mood, 3 CE. *Laura Johnson, Ph.D.*

HOTEL INFORMATION

Griffin Gate Marriott
1800 Newtown Pike
Lexington, KY 40511

KPA has negotiated a discount rate of \$136 per night (depending on room preference) at the Griffin Gate Marriott Resort & Spa in Lexington, KY. KPA's room block will be held until October 7, 2018, or until the rooms run out.

Visit www.kpa.org for booking and more details!

IMPORTANT ATTENDEE INFORMATION

Silent Auction

The Kentucky Psychological Foundation (KPF) is currently accepting donations for their annual silent auction. KPF supports the Spring Academic Conference, cultural competence training for psychologists, multicultural student scholarships, and more. You can support KPF's efforts through your donation of a tangible product or gift certificate. Please see the letter below for more information regarding the silent auction. Feel free to contact us at kpa@kpa.org for any further information about this project to help promote a psychologically healthy Kentucky!

Workshop Handouts

All handouts provided in advance to KPA by presenters will be posted online and available for download from the main convention page on the KPA website. Each workshop room will have internet access, allowing handouts to be viewed online during the presentations.

Special Assistance

If you need special assistance, please let the KPA office know as soon as possible so we may make appropriate arrangements. The facility is fully handicap accessible.

Cancellation Policy

95% refund if cancellation received on/before Oct. 11, 2018. 50% refund if cancellation is received between Oct. 12 – Oct. 23, 2018. 20% refund if cancellation is between Oct. 24 – Oct. 30, 2018. No refunds after Oct. 30, 2018. All refund requests must be submitted to KPA at kpa@kpa.org or call 502-894-0777.

CE Credits/Attendance

Psychologists, Social Workers, Art Therapists: The workshops in this program have been approved for CE credits by the Kentucky Psychological Association (KPA). KPA is approved by the American Psychological Association to sponsor continuing education for psychologists. KPA maintains responsibility for these programs and their content. KPA is also an approved sponsor for the Kentucky Board of Examiner's of Psychology, the Kentucky Board of Social Work, and the Kentucky board of Professional Art Therapists (Provider #1004). You must attend workshops in their entirety to obtain CE credit. Offerings are subject to change.



Registration Information

Name: _____ Degree: _____
 *Please print your name as you want it to appear on your badge
 Address: _____
 City, State, Zip _____
 Email: _____
 Phone: _____
 Licensure Board: _____
 Are you a member of the CE Registry? Yes No

Circle the Workshops & Events you plan to attend

Thursday, November 1

8:30 AM - 10:00 AM	T01	T02	T03	T04	KBEP open Mtg
10:15 AM 11:45 AM		T05	T06		
12:00 PM 1:20 PM	T07 Lunch & Learn				
1:30 PM 3:00 PM	T08	T09	T10	T11	T12
3:15 PM 4:45 PM				T13	
5:45 PM				T14 KPA CE Social	

Friday, November 3

8:30 AM - 10:00 AM	F01	F02	F03	F04	
10:15 AM 11:45 AM					
12:00 PM 1:20 PM	KPA Awards Luncheon				
1:30 PM 3:00 PM	F05	F06	F07	F08	
3:15 PM 4:45 PM			F09	F10	
5:00 PM			ECP Reception & Swearing in Ceremony		

Saturday, November 4

8:30 AM - 10:00 AM	S01	S02	S03	S04	
10:15 AM 11:45 AM					
12:00 PM 1:20 PM	Luncheon & KPA Annual Membership Meeting				
1:30 PM 3:00 PM	S05	S06	S07	S08	
3:15 PM 4:45 PM					

KPA Status:

KPA Member
 Sister State Psych Assoc. Member (state: _____)
 KPA Student Member (no CE credit)**
 Non-Member—Join now and save a bundle!

Convention Registration Fees

ALL CONVENTION PACKAGE - BEST BUY!

Fee includes admission to all 3 days of Convention and all luncheons

All Convention	Early Bird (Before Sept 20)	Pre-registration (Sept 21—Oct 11)	Onsite
KPA Member+	\$380	\$435	\$520
Non Member	\$600	\$650	\$735
KPA Student Member **	\$150	\$175	\$200

All Convention Fee: \$_____

Per Day Fees

Fee includes admission to all workshops and lunch on indicated attendance day(s).

Per Day	Early Bird (Before Sept 20)	Pre-registration (Sept 21—Oct 11)	Onsite	TOTAL
KPA Member+	\$155	\$175	\$215	x__# days =
Non Member	\$240	\$265	\$320	x__# days =
KPA Student Member**	\$60	\$70	\$90	x__# days =

+ You must be a current member of KPA as of 11-1-18 in order to take advantage of the KPA Member discounted rate.

Indicate day(s) you will attend:

Thursday Friday Saturday

**NOTE: THERE WILL BE NO
ONSITE LUNCH REGISTRATIONS**

Lunch "Opt-Out" Preference

Lunch is included in your registration fee. If you do not want lunch on the day(s) you are registered to attend, indicate which day below and deduct \$20 per day from your registration fee.

Thursday Friday Saturday

Total Lunch Deduction: ___# days x \$20 = \$_____

Dietary Needs:

None Vegetarian Gluten Free

Other, please specify _____

**Thursday Evening Social Event—Details available at
www.kpa.org**

Kentucky Psychological Foundation Donation

Make a tax-deductible donation to support education initiatives, scholarships, diversity initiatives and other projects of the Kentucky Psychological Foundation.

Total Donation: \$_____

Payment Method: Total Due \$_____

Check enclosed, made payable to KPF

Credit Card: Visa/Mastercard/ AMEX/ Discover

Cardholder Name: _____

Account #: _____

Exp. Date: _____ CVV: _____

Signature: _____

Send registration form, along with payment to KPF,
8004 Lyndon Centre Way, Ste. 202, Louisville, KY 40222

Kentucky Currents: A Snapshot of Events in the Lives of KPA Members

The Gerontological Society of America (GSA) - the nation's largest interdisciplinary organization devoted to the field of aging - has named KPA Member **Suzanne Meeks, Ph.D.**, FGSA, of the University of Louisville as the editor-in-chief of *The Gerontologist*, effective January 2019. Read the press release at www.kpa.org. Congratulations!

KPA Member and Past Executive Director **Dr. Nancy Gordon Moore** will be retiring from the American Psychological Association this September after 9 years. Upon retirement, Dr. Moore will return to Louisville, where she plans to turn 30 years of painting as a hobby into her next career as a working artist. Welcome home, Dr. Moore!

Congratulations to KPA Member **Dr. Myra Beth Bundy** on receiving the 2018 Ronald J. Cutter Professional Service Award presented by the Arc of Kentucky.

Congratulations to KPA Executive Director, **Dr. Lisa Willner**, for receiving recognition as an APA Citizen Psychologist.

Congratulations to **Dr. Joe Bargione**, on his retirement after 26 years as a school psychologist and lead psychologist for Jefferson County Public Schools.

KPA Member & Diversity Intersection Representative, **Shambra Mulder, Ph.D.**, is running for a seat on the Fayette County Public School (FCPS) Board. Best wishes Dr. Mulder!

Congratulations to **Lisa Willner, Ph.D.**, KPA's Executive Director, on winning the Democratic nomination for the 35th house district!

KPA Member, **DeDe Wohlfarth, Psy.D.**, was featured in an interview with WHAS11 News on the topic of the #Metoo movement. View the interview online at <https://www.whas11.com/article/features/great-day-live/continuing-the-conversation-on-metoo-misconduct-in-the-workplace/417-583670588> and see Dr. Wohlfarth in action on Thursday, November 1st at our Annual Convention!

KPA Members **Dr. Courtney Keim** and **Don Rogers, M.A.** were featured in articles published by the Lane Report (<https://www.lanereport.com/102918/2018/07/the-cost-of-ignoring-mental-health/> & <https://www.lanereport.com/103789/2018/07/meeting-the-need-for-behavioral-care/>)



Ethical Concerns in Rural Communities

By Vicki Van Cleave, Psy.D. & R. Douglas Olds, Psy.D., KPA Ethics Committees



The CE Event, Ethical Concerns in Rural Communities, was held on Friday, June 23, 2018 at the Kentucky Foundation in Louisville and presented by **Dr. Douglas Olds, Psy.D.** (Faculty at Univ. Of Cumberlands) and **Dr. Vicki Van Cleave, Psy.D.** (Private Practice in rural Central KY). There were approximately 60 attendees for the event, which included rural and urban psychologists as well as students. The focus of the event was to discuss the ethical code, ethical decision-making models, limitations of the code that make working in rural environments challenging, gain some guidelines for working with rural clients, and have exposure to vignettes that illustrate the intricacies in working in small communities.

Practicing in rural environments is different than other practice locations for several reasons, with one of the primary reasons being that the psychologist may be the only or one of a few providers for the entire community, and often resources are limited. The rural psychologist not only provides psychological services but also develops creative strategies for advocacy and treatment. The small community psychologist performs a variety of roles in the community and can also be a member of the community. This is challenging in that the rural psychologist is frequently faced with issues related to dual relationships or multiple relationships. A key point discussed is that the APA Code of Ethics encourages psychologists not to engage in such relationships but does not expressly prohibit such relationships. The APA Code does not directly instruct how to calculate the risks of or create a road map to safely traverse the issue of multiple relationships. **Dr. Olds** presented three ethical decision-making models (Welfel, 1998; Steinman, Richardson & McEnroe, 1998; and Koocher and Keith-Spiegel (1998), all of which emphasize exploring your options and provided a rationale for recognizing and approaching an

ethical situation, consulting and acting accordingly. While these three models provide steps to consider and take when examining whether something is ethical or not, they do not consider the unique environmental context of small communities.

A fourth ethical decision-making model was presented (Shank and Skovholt, 2006) which was specifically geared toward ethics in rural and small communities. Small communities can also include subsets of bigger communities such as the LGBTQ, marginalized communities, religious groups, immigrants, hearing or seeing impaired, prison, etc. This fourth model emphasized ongoing informed consent with clients, pro-active involvement with decision-making, managing out-of-therapy contact, setting clear expectations and boundaries, being extra mindful about confidentiality in small communities, being aware of the community context (pertaining to the beliefs and values of the community), being mindful of your own limitations, and giving yourself permission to know when to stop treatment.

Considering the lack of anonymity that can occur in rural and small communities, Dr. Van Cleave presented the protocol she uses to safely manage multiple relationships, including the circumstances in which she would not engage in a multiple relationship. Vignettes were presented illustrating the levels of acuity, the lack of resources, systems that are ineffective or inadequate, issues related to confidentiality and myriad of challenges facing practitioners in small communities. **Dr. Van Cleave** emphasized the great complexity and challenge of managing multiple, and often conflicting relationships, the psychologist working in a small community faces.

In Memoriam

Brenda Brandon Estes
1939-2018

Stephen Paul Mann
1942-2018

Kim Alan Naugle
1954-2018

Thank you to friends, colleagues and family members who let us know of the passing of these psychologists who contributed so much to psychology in KY.

As you are faced (inundated may be more apt these days... sigh) with situations in the public discourse, have you ever said to yourself or your colleagues, **“Wonder what KPA is doing about that?”** or think that your particular background and expertise could make a useful contribution?

Please take advantage of the interface found at www.kpa.org under the **ADVOCACY** tab to submit issues of interest to you to the newly formed:

Public Issue Response Committee
(PIRC).



Building the Future of Psychology in Kentucky

By The Capital Campaign Committee

To support the purchase of the new building you read about in Lisa's Executive Director update, KPA and KPF are launching our first ever Capital Campaign! We moved quickly to buy this building to take advantage of a great opportunity and low interest rates. Our goal is to raise \$60,000 from our wonderful psychology community to ensure we can stay for the long term.

KPA has spent decades in the same building where we have been paying rent and not building equity. Moving into our own space will safeguard the financial health of KPA and KPF and ensure

the wellbeing of our staff who support all the work we do.

We are going to need the support of all our KPA members- YOUR SUPPORT- to make this successful. If every member of KPA contributes \$100, we will meet our goal! Raising this money is critical to ensure our payments are manageable over the long term. Your donation will support the infrastructure to keep building programs that advance psychology and promote psychological health in Kentucky.

We have some exciting events planned over the next few months to give you plenty of opportunities to contribute! Watch your email for further announcements and details.

Go to kpa.org to contribute now! Donations of any amount will help us towards reaching our goal. However, if your current life situation places you in the fortunate position to consider a substantial donation, please email or call the Chair of our Capital Campaign Committee, Eric Russ at eruss00@gmail.com or 404-290-7916. You may also direct any questions to Eric.

KPF Public Education Committee Update

By Christen Tomlinson Logue, Ph.D. & the Public Education Committee

The Public Education Committee (PEC) of the Kentucky Psychological Foundation (KPF) has been very busy over the past year with several different projects all aimed at educating the public on the value of psychology and how psychological knowledge may be helpful in their everyday lives.

The first area of emphasis has been op-eds. The committee has worked hard to supply various media outlets with information on topics such as gun violence, money and relationships, and work stress. Op-eds were published by the Lexington Herald-Leader, the Louisville Courier-Journal, and the Union Recorder. All of the op-eds may also be found on KPF's new website at: <https://www.kentuckypsychologicalfoundation.org/educational-material>

Another area of emphasis for the PEC has been public events and informational sessions. The PEC provided free information and depression screenings at a Kroger in Louisville for National Depression Screening Day. Members attended various local Pride events to distribute flyers and show support. Committee members visited classes at the Governor's Scholar Program at Northern Kentucky University to discuss wellness, physical health, positive thinking, and optimism. Dr. Chrissy Logue also provided a free parent engagement night at a local elementary school aimed at healthy thinking and relaxation for parents of young children.

Finally, the PEC has been highly involved in the final editing stages of a list of topical brochures designed for public consumption. The plan is to have the brochures introduced on social media in the near future and then continuously

available on KPF's website. Please consider sharing or retweeting social media announcements as the brochures are made available to the public.

The PEC is currently in need of members who are interested in any form of public education: writing, event planning, social media, etc. Current members of this busy committee include: **Sarah Flynn, Brigid Kleinman, Shelby Burton, Brittany Zins**, and chair, **Chrissy Logue**. Anyone interested in joining or contributing in some way should contact Chrissy Logue at christen.logue@ucumberland.edu.

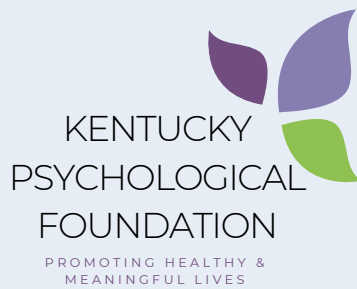


WE HAVE MOVED!

The new KPA & KPF Central Office
is located at:

8004 Lyndon Centre Way, Ste 202
Louisville, KY 40222



KPF Board of Directors 2018

OFFICERS:

President

Jennifer Price, Ph.D.

Secretary

Tammy Hatfield, Psy.D.

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Don Rogers, M.A.

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Past President

Cay F. Shawler, M.S.

Diversity

Gina DeArth-Pendley, Ph.D.

**Psychology in the
Workplace Network (PWN)**
Courtney Keim, Ph.D.

Public Education

Chrissy Logue, Ph.D.

VISION:

All Kentuckians will embrace the positive value of psychology in their lives.

MISSION:

The Kentucky Psychological Foundation works to build a psychologically healthy Kentucky through:

- Promoting healthy behavior throughout life
- Decreasing mental illness and stigma
- Embracing diversity
- Helping all Kentuckians discover and reach their full potential

Support KPF

Support a Psychologically Healthy Kentucky with your tax-deductible contribution to the Kentucky Psychological Foundation.

Mail your check to: KPF 8004 Lyndon Centre Way, Ste. 202, Louisville, KY 40222 or donate online at www.kentuckypsychologicalfoundation.org

2018 KPF Spring Academic Conference

The 2018 Kentucky Psychological Foundation Spring Academic Conference (SAC), Celebrating Psychology as a Science was held on Saturday, April 7th at Eastern Kentucky University. Annually, the SAC features the best in graduate and undergraduate psychological research, and provides an opportunity for graduate and undergraduate students to present their research in juried competitions. These students had a chance to learn about career options and paths, develop practical skills, attend workshops, and network with fellow Kentucky psychology students. Undergraduate students competed in the 31st annual PsychBowl competition to showcase their knowledge. Faculty members from many of the Commonwealth's Psychology Departments participated in the Conference as judges, research consultants, mentors, coaches, and more. This year's conference was attended by more than 130 participants.

Congratulations to this year's Spring Academic Conference Award Winners!

2018 Outstanding Mentor Award – Graduate Division

Tierra Freeman-Taylor, Ph.D., Kentucky State University

2018 Outstanding Mentor Award – Undergraduate Division

Amanda Wyrick, Ph.D., Berea College

Poster Competition- Graduate Division

1st Place - Elizabeth R. Wallace - University of Kentucky

Meta-Analysis of Malingering Detection Measures for Attention-Deficit/Hyperactivity Disorder

(Co-Authors: Natasha E. Garcia-Willingham, Brittany D. Walls, Chelsea M. Bosch, Kullen C. Balthrop, & David T.R. Berry, Ph.D.)

2nd Place- Amber Gorzynski, M.A. - Spalding University

"I Think I Can, I Think I Can" Seeking Safety and its Effect on Self-Efficacy in Addicted and Trauma-Exposed Individuals

(Co-Authors: Daniella Jones, M.A., John Penezic, Lauren Peterson, Sarah Denen, & Norah Chapman, Ph.D.)

Poster Competition- Undergraduate Division

1st Place - Alyssa Martin - Asbury University

The Mediating Role of Shame in the Relationship Between Thoughts about God and Mental Health

(Faculty Advisor: Janet B. Dean, Ph.D.)

2nd Place - (Three-Way Tie)

Tessa R. Blevins - University of Kentucky

Impact of Peritraumatic Dissociation on Posttraumatic Stress Symptoms: The Indirect Effect of Dysfunctional Coping

(Co-Authors: Caitlyn O. Hood and Christal Badour, Ph.D.)

Renesha Todd - Berea College

Threat to Justice: Shared Experience and Empathy

(Faculty Advisor: Wendy R. Williams, Ph.D.)

Haley Oliver – Georgetown College

Neurodiversity in higher education: College student attitudes toward behaviors characteristic of high functioning Autism Spectrum Disorder

(Faculty Advisor: Susan Bell, M.Ed., Ph.D.)

31st Annual Psych Bowl Champion University of Louisville

Thanks to all who participate in this annual tradition in support of KPA's academic members, and psychology graduate and undergraduate students across the state. Planning will be underway soon for our 2019 SAC, to be held on March 30, 2019 at the University of Kentucky. For more information or to get involved, contact KPA's Academic Representative, **Jessica Burris, Ph.D.**, Education and Training Representative, **Jeff Reese, Ph.D.** or the KPA office.

KPF Donors

August 1, 2017 – July 31, 2018

Thank you for your generosity!

Director's Circle (\$500-\$999)

Virginia Frazier, Psy.D.
Katie McBride, Ph.D.

Founder's Circle (\$100 - \$499)

C. Auvenshine, Ph.D.
Barbara Beauchamp, Psy.D.
David Feinberg, Ph.D.
Helene Finke, Ph.D.
David Finke, Ph.D.
Sheri Rose Haas, M.A.
Tammy Hatfield, Psy.D.
Douglas Hindman, Ph.D.
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Andrew Jones, Ph.D.
Courtney (Alaina) Keim, Ph.D.

Christopher Michno, M.A.
Jennifer Price, Ph.D.
Jeff Reese, Ph.D.
Marilyn Robie, Ph.D. &
Arthur Schecht, Ph.D.
Sheila Schuster, Ph.D.
Margaret Sergeant, Ph.D.
Robert Sivley, Jr. Psy.D.
Robin Sublett, Ph.D.
David Susman, Ph.D. and
Kathy Susman, M.A.
Nick Watters, Psy.D.
Martha Wetter, Ph.D.
Lisa Willner, Ph.D.

Honorable Mention (up to \$99)

Ronald Botto, Ph.D.

Pat Burke, Ph.D.
Jessica Burris, Ph.D.
Bryan Carter, Ph.D.
Ollie Dennis, Ed.D
Phil Dillulio
Valerie Fallon, Psy.D
Eric Finney
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David Olson, Ph.D.
Michele Piccolo, Ph.D.
Hilda Price
Don Rogers, M.A.
Eric Russ, Ph.D.
Cay Shawler, M.S.
Hillary Schneider
Brooke Threlkeld, Psy.D.
Sharon Turpin, M.S.

2018 KPF Silent Auction

Purpose: In our busy professional and personal lives we sometimes slip into autopilot, forgetting to allow ourselves to be mindful of the purpose of our activities. The **KPF Silent Auction**, which is held at the annual KPA Convention, meets a number of needs, but its core purpose is that it is the primary fundraiser for the **Kentucky Psychological Foundation**. KPF is a 501 (c) (3) organization that works to promote healthy and meaningful lives through education, service and diversity initiatives. KPF uses donations for public education, support for organizations in developing psychologically healthy workplaces, sponsorship of diversity training, and resources for the public and psychologists in times of community or personal disasters. Additionally, KPF uses donations to purchase awards to students at the annual Academic Conference.

Donations Needed: In order to have a successful silent auction that will provide funds for KPF, we need donations. **Anyone** can donate to the **KPF Silent Auction** from now until October 5th. If you are a frequent patron of any of the following type of businesses please consider asking the owner/management for a donation of a tangible product or gift certificate: local shop or art gallery, local coffee shop or restaurant, hair salon, personal trainer or gym, massage therapist or aesthetician, theater, philharmonic, dance company, etc. If you personally have season tickets to any event in Kentucky, Cincinnati, or Southern Indiana you could consider donating unused tickets for a single event. Possible events could include UK or U of L football or basketball tickets, Lexington Philharmonic Tickets, Norton Center for the Art Tickets, EKU Center for the Arts Tickets, Cincinnati Ballet Tickets, Cincinnati Reds Tickets, Louisville Ballet Tickets, etc. KPF will acknowledge all donations with a receipt for tax purposes.

How to Donate: In Louisville, donations may be dropped off at the KPA office (contact the office to confirm address.) In Northern Kentucky, donations may be dropped off at Dr. Christen Logue's office at 410 Meijer Drive, Florence KY. In Lexington donations may be dropped off at the office of the Silent Auction Coordinator, Andrea Omidy, 711 Millpond Rd, Lexington KY. Please drop off your donations by October 5th.

Bidders Needed: Another way to help to ensure the success of the **KPF Silent Auction** is to be sure to visit it while attending the KPA Convention (November 1-3) and to place frequent bids. Again, recalling that the primary purpose of the silent auction is to raise funds for KPF may help increase everyone's generosity in bidding. Since the KPA Convention is held in November, it may also be a great way to discover unique items and to complete some of your holiday shopping.

Questions: Questions may be directed to the KPA office at kpa@kpa.org

Thank you for taking the time to reflect on the purpose of the **KPF Silent Auction**, creatively consider the ways you could potentially donate, and actively plan to bid on items while at the 2018 KPA Convention.

Marianne McClure, PhD
Licensed Psychologist
2018 KPA Convention Chair

2019 Continuing Education Featured Presentation

SAVE THE DATE! Friday, March 8, 2019
Anxiety Disorders in Kids and Teens: Recognizing and Treating the Emerging Epidemic

Presented by Paul Foxman, Ph.D.

In this workshop, you will learn ways to "connect" therapeutically with anxious children and teens and inspire them to learn how to manage and even prevent anxiety. You will also acquire strategies to help anxious parents ("bulldozers," "helicopters" and "snowplows") be more effective in supporting their anxious children. In addition, you will learn what recommendations to make to schools and teachers to help manage anxiety in students.

MULTICULTURAL PROFESSIONAL DEVELOPMENT AWARD

Sponsored by the KPF Diversity Committee

Every year the Kentucky Psychological Foundation honors two recipients with a **Multicultural Professional Development Award** at the KPA Annual Convention.

The award recipients must be KPA members in good standing.

There are two award levels:

The Multicultural Psychologist Professional Development Award for \$500

- Qualified applicants are psychologists who represent a diverse group or population. Award money may be used for a specific multicultural initiative, training, conference, event or membership dues to a multicultural national professional organization.

The Multicultural Student Professional Development Award for \$350 - Qualified

applicants are psychology graduate students representing a diverse group or population. Award money may be used for specific multicultural initiative, training, conference, event or dues to a multicultural national professional organization.

Candidates must submit their letter of interest and CV no later than October 15th. Candidates must submit a letter that specifies what they would use the funding for and how much is needed, up to the limit of the award

Within one year after receiving the award, each winner will be required to submit a brief letter explaining how the award money was used and how the funds contributed to the goals stated in their application.

To apply: Send your letter of interest & CV to kpa@kpa.org with KPF Multicultural Award in the subject line.

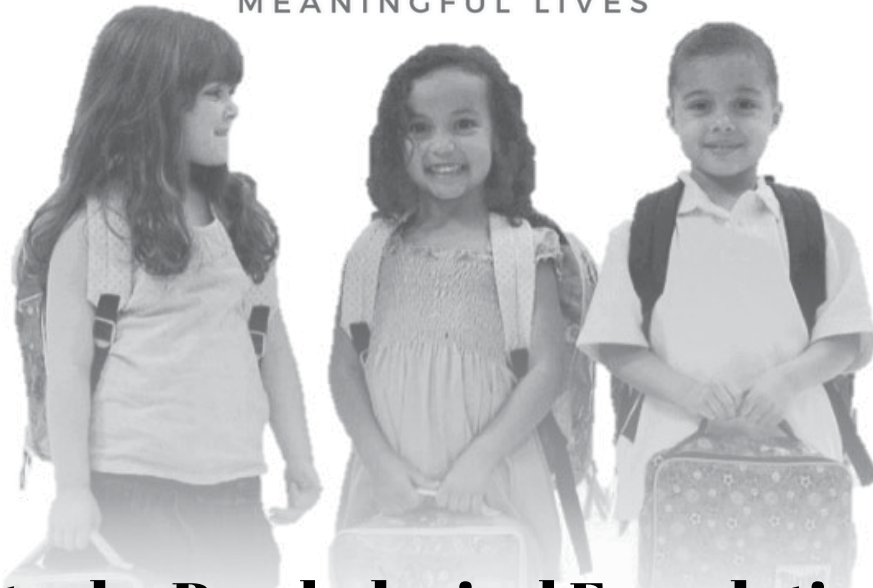
Questions? Call 502.894.0777

**KENTUCKY PSYCHOLOGICAL
FOUNDATION**



KENTUCKY PSYCHOLOGICAL FOUNDATION

PROMOTING HEALTHY &
MEANINGFUL LIVES



The Kentucky Psychological Foundation works to build a psychologically healthy Kentucky through

- Promoting healthy behavior throughout life
- Decreasing mental illness and stigma
- Embracing diversity
- Educating the public on psychological topics, health, and mind-body wholeness, including the award-winning Heads Up! and Heads Up for Kids! education and public art campaigns.

The Kentucky Psychological Foundation is a nonprofit 501(c)(3) organization. To support KPF with your tax-deductible contribution, visit www.kentuckypsychologicalfoundation.org or mail your donation to:
Kentucky Psychological Foundation
8004 Lyndon Centre Way, Suite 202
Louisville, KY 40222



Visit www.kpa.org for Heads Up! Kentucky Healthy Living Guides



Kentucky Psychological
Association

8004 Lyndon Centre Way, Suite 202
Louisville, Kentucky 40222

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KPF- <https://www.facebook.com/KYPsychologicalFoundation> and follow us on
Twitter KPA@KYPsychAssoc; KPF- @KYPsychFnd

Are You a KPA Member?

Here is why you should be!

As a member of KPA you make an investment in the future of your profession - here are a few of the member benefits:

KY Board of Examiners of Psychology Liaison...KPA advocates for licensing issues and obtains the latest news affecting psychologists.

Save Money... Early Bird registration and member discounts at all KPA sponsored Continuing Education Events, including significant savings on Convention registration.

Professional Networking and Referrals... Join the Psychological Services Locator to make your practice easier to find; referral resources at your fingertips.

Get Help with Questions... Need to know how to reach the Board of Examiners? Can't find the rule on how long to hang on to those files? Membership in KPA means you have somebody ready to help you - and it's just a phone call or e-mail away.

Bypass Sticky Situations... Free access to our Ethics

Committee provides you with the tools you need to handle those difficult professional situations, so you can head off a mistake that could possibly threaten your career.

Practice Consultations and Practice Updates...Members have access to free consultations with KPA's Director of Professional Affairs on a broad range of practice issues.

Define the Profession... Have a strong voice in how our profession is defined in Kentucky through KPA's advocacy initiatives.

Develop Your Leadership... Through participation on the KPA Board or committees, community outreach, public education, and more.

Have a Sense of Community... Psychologists can sometimes feel isolated. KPA helps you connect through listservs, CE events, academic programs, and more.

*If you aren't investing in psychology in Kentucky, isn't it time you did?
Become a member today and begin to collect those dividends!*

Apply online at www.kpa.org

